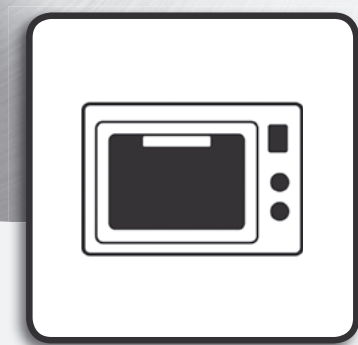


Whirlpool



Health & Safety and Use & Care guide
產品安全指引及使用說明指南

Model 產品型號 : **MS3001B**



www.whirlpool.com.hk

INDEX

INSTALLATION

Installation	3
--------------------	---

SAFETY

Important safety instructions	4
Trouble shooting guide	5
Precautions	6

ACCESSORIES AND MAINTENANCE

Accessories	7
Maintenance & Cleaning	8

CONTROL PANEL

Control panel	9
Display Description	10

GENERAL USE

Stand-by mode	11
Start Protection / Child Lock	11
Pause or Stop cooking	11
Add / Stir /Turn food	11
Clock	12

COOKING FUNCTIONS

Jet Start	13
Microwave	14
Keep Warm	15
Soft/Melt	16
Reheat	17
Chef Menu.....	18
Manual Defrost	20
Defrost Menu.....	21
Auto Clean.....	22
Volume:Silence mode	23

ENVIRONMENTAL HINTS

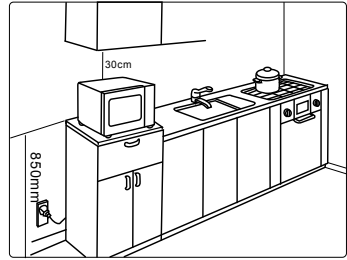
Environmental Hints.....	23
Technical Specifications.....	24

INSTALLATION

PRIOR TO CONNECTING

Position the microwave oven at a distance from other heating sources. For sufficient ventilation, there must be a space of at least 30 cm above the microwave oven.

The microwave oven should not be placed in a cabinet. This microwave oven is not intended to be placed or used on a working surface lower than 850 mm above the floor.



- * Check that the voltage on the rating plate corresponds to the voltage in your home.
- * Place the microwave oven on a stable and even surface that is strong enough to hold the microwave oven and the food utensils you put in it. Use carefully when handling.
- * Ensure that the space underneath, above and around the microwave oven is empty to allow for proper airflow.
- * Ensure that the appliance is not damaged. Check that the microwave oven door is closed firmly against the door support and the internal door seal is not damaged. Empty the microwave oven and clean the interior with a soft, damp cloth.
- * Do not operate this appliance if it has a damaged mains cord or plug, if it is not working properly, or if it has been damaged or dropped. Do not immerse the mains cord or plug in water. Keep the cord away from hot surfaces. Electrical shock, fire or other hazards may result.
- * Do not use an extension cord: If the power supply cord is too short, have a qualified electrician or serviceman install an outlet near the appliance.
- * Do not remove the microwave inlet protection plates located on the side of the oven cavity wall. They prevent grease and food particles from entering the microwave inlet channel.



WARNING:

- * **Improper use of the grounding plug can result in a risk of electric shock.**
- * **Consult a qualified electrician or serviceman if the grounding instructions are not completely understood, or if you have doubts as to whether the microwave oven is properly grounded.**



NOTE:

Prior to using the microwave for the first time, it is recommended to remove the protective film from the control panel and the cable tie from the power cord.

AFTER CONNECTING

- * The microwave oven can be operated only if the microwave oven door is firmly closed.
- * Poor television reception and radio interference may result if the microwave oven is located close to a TV, radio or aerial.
- * The grounding of this appliance is compulsory. The manufacturer will accept no responsibility for injury to persons, animals or damage to objects arising from the non-observance of this requirement.
- * The manufacturers are not liable for any problems caused by the user's failure to observe these instructions.

IMPORTANT SAFETY INSTRUCTIONS

Read Carefully And Keep For Future Reference

- * If material inside / outside the microwave oven ignite or smoke is emitted, keep microwave oven door closed and turn the microwave oven off. Disconnect the power or shut off power at the fuse or circuit breaker panel.
- * Do not leave the microwave oven unattended, especially when using paper, plastic or other combustible materials in the cooking process. Paper can char or burn and some plastics can melt if used when heating foods.

WARNING:

- * If the door or door seals are damaged, the oven must not be operated until it has been repaired by a competent person.

WARNING:

- * It is hazardous for anyone other than a competent person to carry out any service or repair operation that involves the removal of a cover which provides protection against exposure to microwave energy.

WARNING:

- * Liquids and other foods must not be heated in sealed containers since they are liable to explode.

WARNING:

- * When the appliance is operated in the combination mode, children should only use the oven under adult supervision due to the temperatures generated.

WARNING:

- * The appliance and its accessible parts become hot during use. Care should be taken to avoid touching heating elements inside the microwave oven.
- * Children shall be kept away unless continuously supervised.
- * The microwave oven is intended for heating foods and beverages. Drying of food or clothing and heating of warming pads, slippers, sponges, damp cloth and similar may lead to risk of injury, ignition or fire.
- * This appliance can be used by children and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved.
- * Cleaning and user maintenance shall not be made by children unless they are supervised. Children should be supervised to ensure that they do not play with the appliance. Keep the appliance and its cord out of reach of children.
- * Do not use your microwave oven for cooking or reheating whole eggs with or without shell since they may explode even after microwave heating has ended.

NOTE:

The appliances are not intended to be operated by means of an external timer or separate remote-control system.

- * Do not leave the microwave oven unattended if you are using a lot of fat or oil since they can overheat and cause a fire!
- * Do not heat, or use flammable materials in or near the microwave oven. Fumes can create a fire hazard or explosion.
- * Do not use your microwave oven for drying textiles, paper, spices, herbs, wood, flowers or other combustible materials. Fire could result.
- * Do not use corrosive chemicals or vapors in this appliance. This type of microwave oven is specifically designed to heat or cook food. It is not designed for industrial or laboratory use.
- * Do not hang or place heavy items on the door as this can damage the microwave oven opening and hinges. The door handle should not be used for hanging things on.

TROUBLE SHOOTING GUIDE

NOTE:

If the microwave oven does not work, do not make a service call until you have made the following checks:

- * The Plug is properly inserted in the wall socket.
- * The Door is properly closed.
- * Check your Fuses and ensure that there is power available.
- * Check that the microwave oven has ample ventilation.
- * Wait for 10 minutes, then try to operate the microwave oven once more.
- * Open and then close the door before you try again.
- * The turntable and turntable support is in place.

This is to avoid unnecessary calls for which you will be charged.

When calling for Service, please give the serial number and type number of the microwave oven (see Service label).

Consult your warranty booklet for further advice.

If the mains cord needs replacing it should be replaced by the original mains cord, which is available via our service organization. The mains cord must only be replaced by a trained service technician.

WARNING:

- * **Service only to be carried out by a trained service technician.**
- * **Do not remove any cover.**

PRECAUTIONS

GENERAL

This appliance is intended to be used in household and similar applications such as:

- * Staff kitchen areas in shops, offices and other working environments;
- * Farm houses;
- * By clients in hotels, motels and other residential environments;
- * Bed and breakfast type environments.

No other use is permitted (e.g. heating rooms).

! NOTE:

- * The appliance should not be operated without food in the microwave oven when using microwaves. Operation in this manner is likely to damage the appliance.
- * The ventilation openings on the microwave oven must not be covered. Blocking the air intake or exhaust vents may cause damage to the microwave oven and poor cooking results.
- * If you practice operating the microwave oven, put a glass of water inside. The water will absorb the microwave energy and the microwave oven will not be damaged. Note: please refer to below section "Liquids".
- * Do not store or use this appliance outdoors.
- * Do not use this product near a kitchen sink, in a wet basement, or near a swimming pool, or similar area.
- * Do not use the cavity for any storage purposes.
- * Remove wire twist-ties from paper or plastic bags before placing bag in the microwave oven.
- * Do not use your microwave oven for deep-frying, because the oil temperature cannot be controlled.
- * Use hot pads or microwave oven mitts to prevent burns, when touching containers, microwave oven parts, and pans after cooking.

LIQUIDS

E.g. beverages or water. Overheating the liquid beyond boiling point can occur without evidence of bubbling. This could result in a sudden boil over of the hot liquid.

To prevent this possibility the following steps should be taken:

- * Avoid using straight-sided containers with narrow necks.
- * Stir the liquid before placing the container in the microwave oven.
- * After heating, allow standing for a short time, stirring again before carefully removing the container from the microwave oven.

CAREFUL

After heating baby food or liquids in a baby bottle or in a baby food jar, always stir and check the temperature before serving. This will ensure that the heat is evenly distributed and the risk of scalding or burns can be avoided.

Always refer to a microwave cookbook for detail. Especially, if cooking or reheating food that contains alcohol. Ensure the lid and the teat is removed before heating.

ACCESSORIES AND MAINTENANCE

ACCESSORIES

- * There are a number of accessories available on the market. Before you buy, ensure they are suitable for microwave use.
- * Ensure that the utensils you use are microwave oven proof and allow microwaves to pass through them before cooking.
- * When you put food and accessories in the microwave oven, ensure that they do not come in contact with the interior of the microwave oven.
- * This is especially important with accessories made of metal or metal parts. If accessories containing metal come into contact with the microwave oven interior, while the microwave oven is in operation, sparking can occur and the microwave oven could be damaged.
- * Metallic containers for food and beverage are not allowed during microwave cooking.
- * For better cooking performance, it is suggested that you need to put the accessories in the middle of the inner full flat cavity.



GLASS TURNTABLE

Use the Glass Turntable with all cooking methods. It collects the dripping juices and food particles that otherwise would stain and soil the interior of the oven.

- Place the Glass Turntable on the Turntable Support.



TURNTABLE SUPPORT

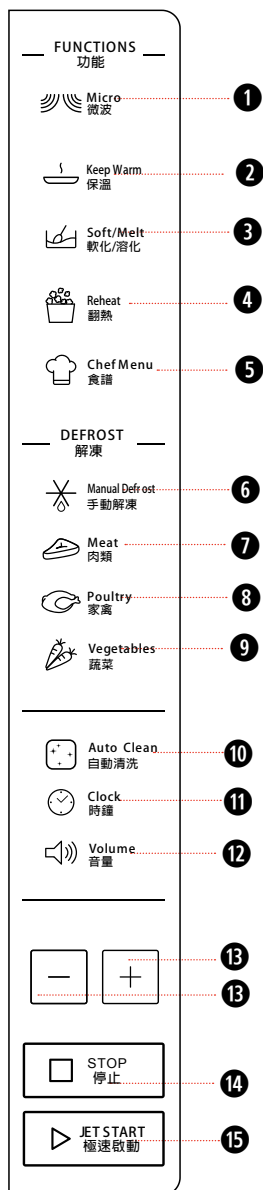
Use the Turntable Support under the Glass Turntable. Never put any other utensils on the Turntable Support.

- Fit the Turntable Support in the oven.

MAINTENANCE & CLEANING

- * Failure to maintain the microwave oven in a clean condition could lead to deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous situation.
- * Do not use metal scouring pads, abrasive cleansers, steel-wool pads, gritty washcloths, etc. which can damage the control panel, and the interior and exterior microwave oven surfaces. Use a cloth with a mild detergent or a paper towel with spray glass cleaner. Apply spray glass cleaner to a paper towel.
- * Use a soft and damp cloth with mild detergent to clean the interior surfaces, front and rear of the door and the door opening.
- * Do not use steam cleaning appliances when cleaning your microwave oven.
- * The microwave oven should be cleaned regularly and any food deposits removed.
- * Cleaning is the only maintenance normally required. It must be carried out with the microwave oven disconnected.
- * Do not spray directly on the microwave oven.
- * This microwave oven is designed to operate cooking cycles with a proper container in a fully flat cavity directly.
- * Do not allow grease or food particles to build up around the door, and inlet protection plates located on the side of the oven cavity wall.
- * This product offers an AUTO CLEAN function, which allows for easy cleaning of the microwave cavity. For more details, please refer to the AUTO CLEAN section on page 22.

CONTROL PANEL DESCRIPTION



1 Micro

Use to set power level.

2 Keep Warm

Touch to set Keep Warm program.

3 Soft/Melt

Press this button to access Soft/Melt cooking mode.

4 Reheat

5 Chef Menu

Use to access the automatic recipes menu.

6 Manual Defrost

To defrost manually.

7 8 9 Meat/Poultry/Vegetables

To set defrost menu.

10 Auto Clean

Use to clean cavity.

11 Clock

Use to set the time of day.

12 Volume

Use to activate/deactivate beep signal.

13 +/-

Use to input food menu code, clock time, cook time, cook weight.

14 STOP

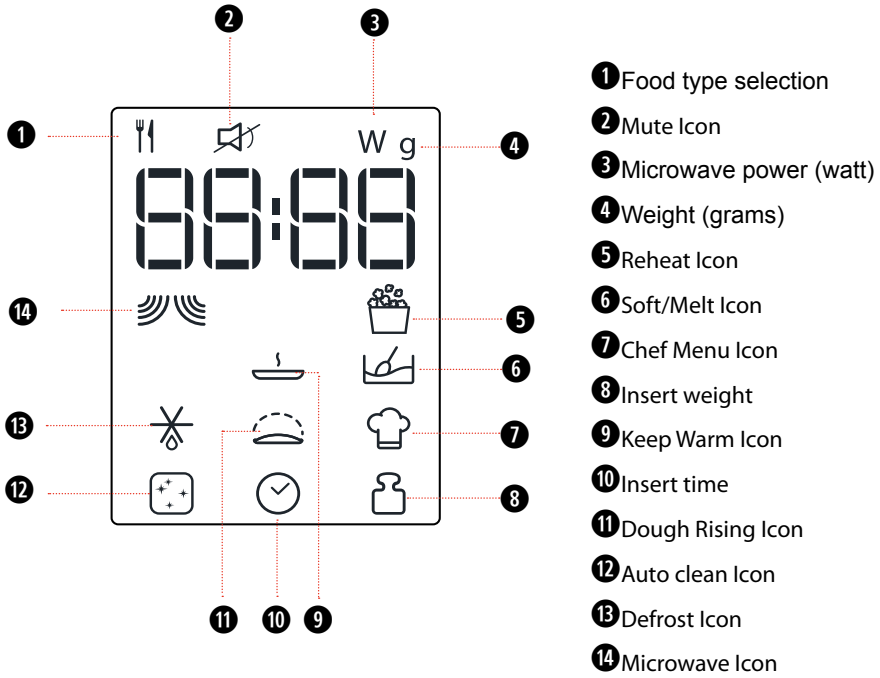
Use to pause, stop or cancel cooking.

15 JET START

Use to start the cooking.

Use to set quick start program.

DISPLAY DESCRIPTION





STAND-BY MODE

The oven is in Stand-by mode when the clock is displayed (or, if the clock has not been set, when the display will show “:”).



START PROTECTION / CHILD LOCK

This automatic safety function is activated one minute after the oven has returned to “Stand-by mode”.

When the safety function is active the door must be opened and closed in order to start the cooking, otherwise the display will show “door”.

door



PAUSE OR STOP COOKING

To pause cooking:

The cooking can be paused to check, add or turn or stir the food by opening the door. Press STOP button once, the functions can be paused as what they are, press STOP button twice, the functions stopped.

The setting will be maintained for 5 minutes.

To continue cooking:

Close the door and press the Jet Start button. The cooking is resumed from where it was paused.

If you don't want to continue cooking you can:

Remove the food, close the door and press the Stop button.

When the cooking is finished:

The display will show the text “End”. An acoustic beep will signal once a minute for 2 minutes.

Please note that reducing or stopping this programmed cooling cycle will not have a negative impact on the functioning of the product.



ADD / STIR / TURN FOOD

Depending on the selected function, it could be needed to add / stir / turn food during cooking. In these cases the oven will pause cooking and it will ask you to perform the needed action.

When required, you should:

- * Open the door.
- * Add or Stir or Turn the food (depending on the required action).
- * Close the door and restart by pressing JET START button.

Notes: if the door is not opened within 2 minutes from the request to Add or Stir or Turn the food, the microwave oven will continue the cooking process (in this case the final result may not be the optimal one).



CLOCK



To set the Clock of your appliance:

- 1 In standby, touch the Clock button once. The display shows the current clock.
- 2 Press + / - to set the hour.
- 3 Press Clock/JET START button to confirm.
- 4 Press + / - to set the minute.
- 5 Press Clock/JET START button to confirm the setting.

Every time after cooking process is completed, the screen shows "End" and issued a prompt until opened the door to return standby (no operation for 10 minutes automatically return to standby).

Tips and suggestions:

- When plug in, the screen shows "12:00" ("12" flashing), 1 minute later return to standby (before returning standby can directly set clock).
- In the process of cooking, press Stop button once to pause, press Jet Start button to continue cooking, but press Stop twice to cancel this program.
- In the process of cooking set, no operating system automatically return to standby mode in 1 minute.



JET START



This feature allows you to start the oven quickly. Press JET START button once, the oven starts work at full power level automatically. During cooking, press JET START to add time. The longest cooking time is 90 minutes.

- 1 Press the JET START button.

! NOTE:

Pressing the JET START button, the Microwave function will start at full microwave power (900W) for 30 seconds.

i Tips and suggestions:

- It is possible to change the power level and the duration time even after the cooking process has been already started. To adjust the power level, simply press the Microwave button repeatedly.
- To change the duration time, please press +/- button. Or press the JET START button once to increase the duration time by 30 seconds.



MICROWAVE

FUNCTIONS 功能



Micro
微波



Keep Warm
保溫



Soft/Melt
軟化/溶化



Reheat
翻熱



Chef Menu
食譜

DEFROST 解凍



Manual Defrost
手動解凍



Meat
肉類



Poultry
家禽



Vegetables
蔬菜



Auto Clean
自動清洗



Clock
時鐘



Volume
音量



STOP
停止



JET START
極速啟動



To cook with microwave power individually, press the Micro button repeatedly to select a cooking power level, then press +/- button to set a desired cooking time. The longest cooking time is 90 minutes.

Suggested
Accessory:

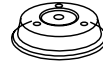


Plate Cover
(sold separately)

- 1 Press the Micro button. The default power level (750W) will be shown on the display and the watt icon starts blinking.
- 2 Press the Micro button repeatedly or press +/- button to select suitable cooking power, then press JET START button.
- 3 Press + / - to set the cooking time.,then press JET START button to start cooking.

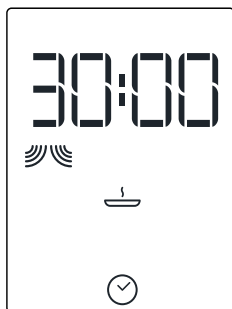
! NOTE:

If need to change the power, press the Micro button again,the desired power level can be selected as below table.

POWER	SUGGESTED USE:
90 W	Softening ice cream, butter and cheeses. keep warming.
160 W	Defrosting.
350 W	Simmering stews, melting butter.
500 W	More careful cooking e.g. high protein sauces, cheese and egg dishes and to finish cooking casseroles.
650 W	Cooking of fish, meat, vegetables etc.
750 W	Cooking of fish,meat, vegetables,etc.
900 W	Reheating of beverages, water, clear soups, coffee, tea or other food with a high water content. If the food contains egg or cream choose a lower power.



KEEP WARM



This function allows you to keep your dishes warm automatically.

Suggested
Accessory:

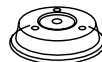


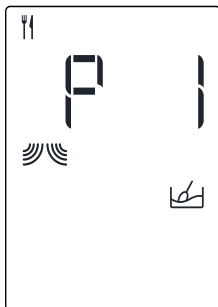
Plate Cover
(sold separately)

- 1 Press the Keep Warm button. The display shows as left side.
- 2 Press +/- button to select suitable time, then press JET START button.

! NOTE:

The keep warm cycle is 15minutes, to ensure keep perfect effect, please select the time more than 15minutes

Soft/Melt



NOTE:

The cooking recipe will be confirmed once you leave the function button for 3 Seconds, press the function key again to change the recipe type.

A selection of automatic recipes with preset values to offer optimal cooking results.

- 1 Press the Soft/Melt button, display show as left side.
- 2 Press Soft/Melt button repeatedly or press +/- button to select the desired recipe (see the table below).
- 3 Press the JET START button to confirm the recipe and press +/- button to select the weight when there is a weight range in the table.
- 4 Press the JET START button. The function will start.

FOOD TYPE			WEIGHT	HINT
P1	Soften	 Butter	50g - 500g/50g	From refrigerator state, unwrap and place in microwave safe dish
P2	Soften	 Ice Cream	50g - 1000g/50g	From frozen state, place ice cream container on turntable.
P3	Soften	 Cream Cheese	50g - 500g/50g	From refrigerator state, unwrap and place in microwave safe dish
P4	Soften	 Frozen Juice	250g - 1000g/250g	From frozen state, remove lid from container.
P5	Melting	 Butter	50g - 500g/50g	From refrigerator state, unwrap and place in microwave safe dish
P6	Melting	 Chocolate	100g - 500g/50g	From room temperature, place in microwave safe dish.
P7	Melting	 Cheese	50g - 500g/50g	From refrigerator state, place in microwave safe dish.
P8	Melting	 Marshmallows	50g - 500g/50g	From room temperature, place in microwave safe dish. The dish should be at least double volume with the marshmallows since they are expanded during cooking.



REHEAT

FUNCTIONS

功能



Micro
微波



Keep Warm
保溫



Soft/Melt
軟化/溶化



Reheat
翻熱



Chef Menu
食譜

DEFROST

解凍



Manual Defrost
手動解凍



Meat
肉類



Poultry
家禽



Vegetables
蔬菜



Auto Clean
自動清洗



Clock
時鐘



Volume
音量



STOP
停止



JET START
極速啟動



This function allows you to automatically re-heat your dishes.

Use this function to reheat: soup, rice, meal, bread.

- 1 Press the Reheat button, display show as left side.
- 2 Press the Jet Start button to start the function.

SUGGESTED FOOD TYPE	WEIGHT
 Soup	200g
 Rice	200g
 Meal	200g
 Bread	300g

Tips and suggestions:

- Arrange the thicker, denser food to the center of the plate and the thinner or less dense food the outside of the plate.
- Place thin slices of meat on top of each other or interlace them.
- Due to food variability, the cooking duration is set on an average shape, we always recommend to check the internal doneness of food and in case prolong the cooking time to achieve proper doneness.
- Waiting 1-2 minutes before serving the reheated food will improve the results, especially for frozen food.
- Plastic foil should be scored or pricked with a fork, to relieve the pressure and to prevent bursting, as steam builds-up during cooking.
- Place food onto a microwave safe and heatproof dinner plate or dish.



CHEF MENU



A selection of automatic recipes with preset values to offer optimal cooking results.

- 1 Press the Auto Cook button, display show as left side.
- 2 Press Auto Cook button repeatedly or press +/- button to select the desired recipe (see the table following).
- 3 Press the JET START button to confirm the recipe and press +/- button to select the weight when there is a weight range in the table.
- 4 Press the JET START button. The function will start.

! NOTE:

According to the selected recipe, after a certain time, the display would ask you to add or turn or stir the food. See "Add/Stir/Turn food" chapter on page 11.

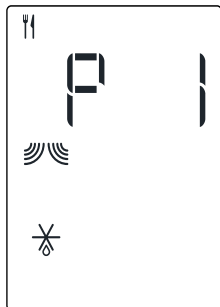
! NOTE:

The cooking recipe will be confirmed once you leave the function button for 3 Seconds, press the function key again to change the recipe type.

RECIPE	INITIAL STATE	WEIGHT AMOUNT	DURATION	PREPARATION
1  Risotto	Frozen	250-1000g/250g	20-31 min.	Put food onto microwave safe dish(250g risotto with 400g water for 1 serving),cover the dish.
2  Cupcakes	Room temperature	300g / 600g	5-11 min.	Put 125g eggs and 170g sugar into container then stir for 2-3mins,add 170g flour,10g baking powder,100g water,50g butter,put food into the cups.Put the cups around the turntable to make sure heaten evenly.
3  Vegetables	Room temperature	200-500g/50g	3-6 min.	Cut the vegetable into pieces,add 2 tablespoon water.
4  Spaghetti	Room temperature	100-300g/100g	13-17 min.	Put the spaghetti and water into microwave safe dish(100g for 1 serving,need 800g water).
5  Soup	refrigerator temperature	300-1200g/300g	2-7 min.	Cover the dish, leaving an air ventilation.
6  Scrambled Eggs	Room temperature	1-4eggs	2-4 min.	Well beat the egg and water together, cover the measuring cup with plastic wrap.
7  Fish Fillet	refrigerator temperature	200-500g/50g	6-11 min.	Cover the dish and leave a vent.
8  Green Bean	Room temperature	200-500g/50g	4-7 min.	Add 2 tablespoon water and cover the dish.
9  Yogurt	Room temperature	1000g	5Hr20 min.	Use boilded water to clean the container.Put 1000ml milk and 1g yogurt starter into container,then add 50g sugar.Cover the container during the cooking.
10  Dough Rising	Room temperature	1 dough	65min.	Put 200ml water into oven. Add the prepared dough when oven prompt.



MANUAL DEFROST



This function allows you to defrost food.

- 1 Press the Defrost button, display show as left side, press JET START to confirm.
- 2 Press +/- button to adjust cooking time.
- 3 Press JET START to start.

NOTE:

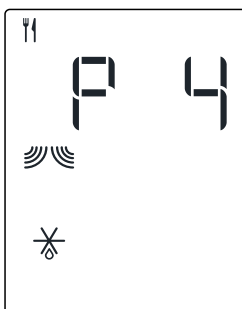
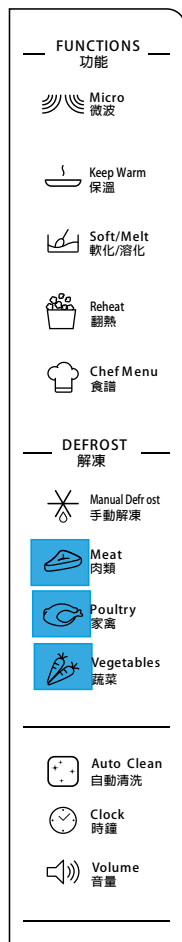
Two-thirds of cooking time the system will pause to remind you to turn over the food until you depress JET START button to enter into the next defrosting stage, and defrost resume.

Tips and suggestions:

- For best result we recommend to defrost directly on the cavity bottom.
- If the food is warmer than deep-freeze temperature (-18°C), choose a lower weight than the food.
- If the food is colder than deep-freeze temperature (-18°C), choose a higher weight than the food.
- Separate pieces as they begin to defrost. Individual slices defrost more easily.
- Standing time after defrosting always improves the result since the temperature will then be evenly distributed throughout the food.



DEFROST MENU(MEAT/POULTRY/VEGETABLES)



These functions allows you to defrost food.

- 1 Press the Meat/Poultry/Vegetables buttons,display show as left side,press JET START to confirm.
- 2 Press +/- button to adjust the weight of food.
- 3 Press JET START to start.

! NOTE:

It would be better that, turn food when the oven prompts.

FOOD TYPE		WEIGHT	SUGGESTED USE
P2	 Minced meat	100g - 2000g	Minced meat,cutlets, steaks or roasts. After cooking, allow food to rest for at least 5 minutes for better results.
P3	 Poultry	100g - 2000g	Whole chicken, pieces or fillets. After cooking, allow food to rest for 5-10 minutes for better results.
P4	 Vegetables	100g - 1000g	Larger, medium and small cut vegetables. Before serving, allow food to rest for 3-5 minutes for better results.



AUTO CLEAN

FUNCTIONS 功能



Micro
微波



Keep Warm
保溫



Soft/Melt
軟化/溶化



Reheat
翻熱



Chef Menu
食譜

DEFROST 解凍



Manual Defrost
手動解凍



Meat
肉類



Poultry
家禽



Vegetables
蔬菜



Auto Clean
自動清洗



Clock
時鐘



Volume
音量



STOP
停止



JET START
極速啟動



This automatic cleaning cycle will help you to clean the microwave oven cavity and to remove unpleasant odors.

Before starting the cycle:

- 1 Put 300ml water into a container (see our recommendations in the below section "Tips and suggestions").
- 2 Place the container directly on the middle of the cavity.

To Start The Cycle:

- 1 Press the Auto Clean button, the cleaning cycle duration will be visible on the display.
- 2 Press the Jet Start button to start the function.

When The Cycle Is Finished:

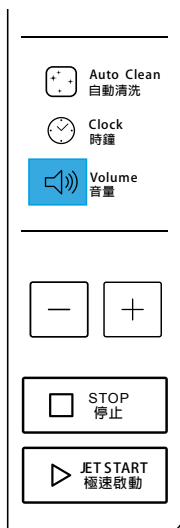
- 1 Press the Stop button.
- 2 Remove the container.
- 3 Use a soft cloth or a paper towel with mild detergent to clean the interior surfaces.

Tips and suggestions:

- For a better cleaning result, it is recommended to use a container with a diameter of 17-20cm, and a height that is lower than 6.5cm.
- It is recommended to use a container of light plastic material that is suitable for the microwave.
- As the container will be hot after the cleaning cycle is completed, it is recommended to use a heat resistant glove when removing the container from the microwave.
- For a better cleaning effect and removal of unpleasant odors, add some lemon juice or vinegar to the water.



VOLUME:SILENCE MODE



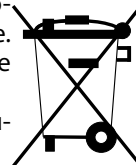
This function allows to activate/deactivate all the sounds played by the appliances, includes button press, warnings, alarm, even end audio feedback.

Press Volume button to become mute, press Volume button again to become sounding.

This function can operate at any time.

ENVIRONMENTAL HINTS

- * The packing box may be fully recycled as confirmed by the recycling symbol. Follow local disposal regulations. Keep potentially hazardous packaging (plastic bags, polystyrene, etc.) out of the reach of children.
- * This appliance is marked according to the European directive 2012/19/EU on Waste Electrical and Electronic Equipment (WEEE). By ensuring this product is disposed of correctly, you will help prevent potential negative consequences for the environment and human health, which could otherwise be caused by inappropriate waste handling of this product.
- * The symbol on the product, or on the documents accompanying the product, indicates that this appliance may not be treated as household waste. Instead it shall be handed over to the applicable collection point for the recycling of electrical and electronic equipment.
- * Disposal must be carried out in accordance with local environmental regulations for waste disposal.
- * For more detailed information about treatment, recovery and recycling of this product, please contact your local city office, your household waste disposal service or the shop where you purchased the product.
- * Before scrapping, cut off the mains cord so that the appliance cannot be connected to the mains.



In accordance with IEC 60705:2010-04

The International Electrotechnical Commission has developed a standard for comparative testing of heating performance of different microwave ovens. We recommend the following for this microwave oven:

Test	Amount	Power level	Approx. time
Egg custard (12.3.1)	1000g	900W	28-29.5 mins
Sponge cake (12.3.2)	475 g	900W	14 mins
Meat loaf (12.3.3)	900 g	900W	23-24mins
Minced meat defrost (13.3)	500 g	160W	14-15 mins

Technical Specification

Data Description	MS3001B
Supply Voltage	230-240V~50 Hz
Rated Input Power	1400 W
Outer dimensions (HxWxD)	300 x 539 x 398
Inner dimensions (HxWxD)	240 x 354 x 358

目錄

安裝指引

安裝指引	26
------	----

安全

重要安全注意事項	27
問題解決指南	28
注意事項	29

配件及維護

配件	30
維護保養及清潔	31

控制面板

控制面板說明	32
顯示說明	33

一般使用

待機模式	34
啟動保護/兒童鎖定	34
暫停或停止烹飪	34
添加/攪拌/翻轉食物	34
時鐘	35

烹飪功能

極速啟動	36
微波	37
保溫	38
軟化/溶化	39
翻熱	40
食譜	41
手動解凍	43
解凍菜單(肉類/家禽/蔬菜)	44
自動清洗	45
音量	46

環境提示

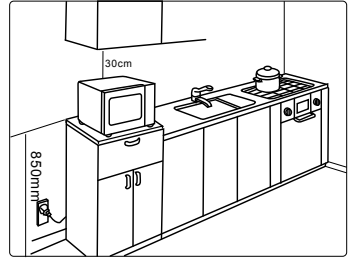
環保建議	46
技術規格	47

安裝指引

接駁電線之前

請將微波爐放置在遠離熱源的地方。為了確保通風良好，微波爐頂部必須留有30厘米的空間。此爐必須背靠牆放置，確保微波爐底部，頂部及兩邊空氣流通。本爐具不應放置櫥櫃內使用。

本爐具不用於或放置在離地板少於850毫米以上的工作面上。



- * 檢查銘牌上的電壓是否與您家中的電壓相符。
- * 請將微波爐放置在平坦及穩固的地方，該處必須足以承托爐具與食物器皿的重量。放置時請務必小心。
- * 確保微波爐底部，頂部及兩邊空氣流通。
- * 確保微波爐沒有損壞。可檢查爐門關上時是否緊貼門框，以及內門的封邊是否完整無缺。將爐具內配件取出，然後用柔軟的濕布清潔爐具內部。
- * 電線、插頭如有損壞，或爐具不能正常操作，或受到損壞或翻倒，則切勿使用微波爐。切勿將電線或插頭浸入水中，並避免接觸灼熱的表面，否則會引致觸電、火災或其他意外。
- * 請勿使用延長線：如果電源線太短，請合格的電工或維修人員在設備附近安裝插座。
- * 請不要移除爐腔內壁上的微波出口防護擋板，它們可以防止油脂或食物微粒進入微波孔中。

⚠ 警告：

- * 接地插頭使用不當可能會導致觸電危險。
- * 如果沒有完全了解接地指示，或者懷疑微波爐是否接地，請諮詢合格的電工或維修人員。

⚠ 注意：

首次使用微波爐之前，建議撕下控制面板上的保護膜，並把電源線上的紮帶移除。

連接之後

- * 微波爐只能在爐門緊閉之後才能操作。
- * 如將微波爐放置在電視機、收音機或天線附近，可能會影響接收或引起干擾。
- * 此設備的接地是強制性的。製造商將不承擔由於不遵守這一要求而導致的人身，動物傷亡或財物損失的責任。
- * 製造商不對由於用戶不遵守這些說明而導致的任何問題承擔責任。

安全

重要安全注意事項

仔細閱讀並保存以備將來參考

- * 如果微波爐內部/外部的材料點燃或發出煙霧，請務必保持爐門關閉並關閉微波爐。斷開電源或切斷保險絲或斷路器面板上的電源。
- * 不要讓微波爐無人看管，特別是在烹飪過程中使用紙張，塑料或其他易燃物品時。如果加熱食物，紙張會燒焦或燃燒，一些塑料會熔化。

⚠ 警告：

- * 如果門或閘的密封件損壞，不得操作此爐具，直到它由經過培訓的維修技術人員維修後。

⚠ 警告：

- * 除經過培訓的維修技術人員外，任何人對本產品的修復操作（如打開提供保護的外殼）都是危險的。

⚠ 警告：

- * 液體和其他食物不得在密封的容器中加熱。

⚠ 警告：

- * 當微波爐在組合模式下工作時會產生比較高的溫度，兒童只有在成人的監督下才能使用微波爐。

⚠ 警告：

- * 本產品及其可觸及部件在使用過程中會變熱。應注意避免接觸微波爐內的加熱元件。
- * 兒童應遠離本產品，除非在成人監督下使用。
- * 微波爐主要用於加熱食品和飲料。食物或衣服的干燥以及變暖墊，拖鞋，海綿，濕布等的加熱可能導致受傷，著火或著火的危險。
- * 該器具不可由兒童、身體感官或精神上能力不足，或經驗及知識不足的人士使用（包括兒童），除非監護其安全的負責人監督或指引其使用。
- * 不應由兒童來清潔和進行日常的維護，除非他們被監督。兒童應受到監督，務必確保兒童不會把微波爐當作玩具。本品應盡量遠離兒童。
- * 不要使用微波爐烹飪或加熱整個雞蛋，即使微波加熱結束它們也可能會爆炸。

！ 注意：

- * 本設備不用於外用的計時器或單獨遙控系統。
- * 如果你使用大量的脂肪或油，不要讓微波爐無人看管，因為它們會過熱，導致火災！
- * 請勿加熱或使用微波爐內或附近的易燃材料。煙霧會造成火災或爆炸。
- * 請勿使用微波爐烘乾紡織品、紙張、香料、草藥、木材、花卉或其他易燃材料。否則可能會導致火災。
- * 請勿在本裝置中使用腐蝕性化學品或蒸氣。此微波爐是專門設計用來加熱或烹調食物的。它不是為工業或實驗室用途設計的。
- * 請勿在門上懸掛或放置重物，因為這會損壞微波爐的開啟和鉸鏈連接功能。門把手不能用來掛東西。

問題解決指南

！ 注意：

若微波爐不能操作，請檢查下列各項後才致電維修中心：

- * 插頭是否完全插入插座。
- * 爐門是否完全關閉。
- * 檢查保險絲，並確定已接上電源。
- * 檢查微波爐是否有良好的通風環境。
- * 等待十分鐘後再嘗試操作。
- * 再作嘗試前，請開啟爐門，然後將其關上。
- * 轉盤和轉盤托架是否就位。

以上檢查，可避免不必要的檢查維修，維修服務可能會收費。

致電維修服務中心時，請提供機身編號及微波爐型號（請參閱維修服務標籤）。

請參考您的保修手冊以得到進一步的建議。

若需更換電源線，必須使用原廠產品，並由接受過專業培訓的維修技師負責更換。有關的電源線可聯絡維修中心。

▲ 警告：

- * 服務僅由訓練有素的服務技術人員執行。
- * 不要移除任何防護蓋子。

一般注意事項

本產品只用於家庭和類似的場合，如：

- * 在商店、辦公室和其他工作環境中的工作人員廚房區域；
- * 農莊；
- * 客戶在酒店、汽車旅館等居住環境；
- * 床和早餐類型的環境。

不允許其他用途 (如暖氣室)。

！ 注意：

- * 本產品不應該在沒有食物的情況下進行操作。以這種方式操作可能會損壞設備。
- * 微波爐的通風口不能被遮蓋。堵塞進氣口或排氣孔可能會造成微波爐損壞和烹調效果不佳。
- * 如果你需要練習操作微波爐，可在裡面放一杯水。水會吸收微波能量，使微波爐不被損壞。注意參考下面“流質食物”內容。
- * 請勿在戶外儲存或使用本產品。
- * 請勿在廚房水槽附近、潮濕的地下室、游泳池附近或類似區域使用本產品。
- * 請勿將空腔用於任何存儲目的。
- * 在將紙袋或塑料袋子放進微波爐前，需取下包裝的線扎。
- * 不要用微波爐煎炸食物，因為難以控制油溫。
- * 烹調後需使用熱墊或微波爐手套取出盛裝食物的盤子或容器，以防止接觸微波爐內側高溫物件導致燒傷。

流質食物

用微波爐加熱的飲品或清水，即使煮得過熱，甚至超過沸點，也未必會出現沸騰的氣泡，但是液體卻可能會突然溢出造成燙傷。

為了避免發生上述情況，請遵守下列幾點：

- * 請避免使用窄頸的直身容器。
- * 將流質食物放入爐內之前，請先加以攪拌，並將湯勺留在容器內。
- * 流質食物加熱之後，請讓它留在爐內一會兒，再加以攪拌，才將容器小心拿出。

注意

奶樽或嬰兒食物器皿中的食品或飲料加熱之後，在餵食之前，先將食物加以攪拌及測試食物的溫度，確保熱力分佈均勻，以避免燙傷或灼傷嬰兒。

請確保加熱前已將樽蓋與奶嘴取出！

有關詳細信息，請參閱微波烹飪書。特別是，如果烹飪或重新加熱含酒精的食物。

配件及維護

配件

- * 市面上有很多配件可供選擇。在購買之前,需確保它們適合微波使用。
- * 確保您使用的餐具是可使用於微波爐的,並可使微波穿透它們。
- * 當你把食物和配件放進微波爐時,確保它們不會接觸微波爐內部。
- * 使用金屬配件或金屬零件需特別注意。如果含有金屬的附件與微波爐內部接觸,而微波爐在運行時,會發生火花,微波爐可能會損壞。
- * 微波爐烹調時不允許使用金屬容器盛裝食品和飲料。
- * 為了得到更好的烹調效果,建議您把配件放在爐腔中間。



玻璃轉盤

所有烹飪方式都需要使用玻璃轉盤。它可以避免食物碎屑及肉汁沾污微波爐內腔。

- 將玻璃轉盤放在轉盤支架上。

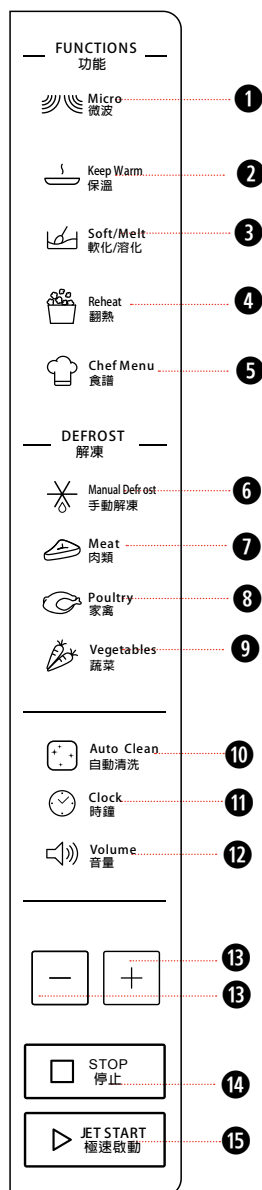


玻璃轉盤支架

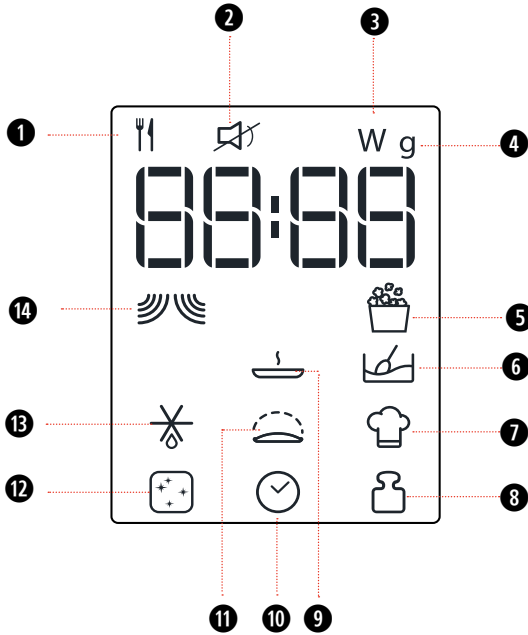
將轉盤支架放置在玻璃轉盤之下。不要把其他器具放在轉盤支架上。

- 在微波爐中安裝轉盤支架

- * 未能將微波爐保持在乾淨的狀態可能會導致表面變質，從而對微波爐的壽命產生不利影響，並可能導致危險情況發生。
- * 不要使用可能損壞控制面板，內部和外部表面的金屬擦洗墊，研磨性清潔劑，鋼絲刷，粗糙的抹布等。使用混合溫和洗滌劑的布或用噴霧玻璃清潔劑的紙巾。將噴霧玻璃清潔劑塗抹在紙巾上再進行清潔。
- * 使用柔軟的濕布和溫和的清潔劑清潔爐腔內壁、爐門前後、門封以及開門位置。
- * 清洗微波爐時不要使用蒸汽清潔設備。
- * 微波爐應定期清洗，並去除任何食物沉積物。
- * 微波爐只要勤加清潔，便是最佳的維護方法。但在清潔前，必須關掉電源。
- * 不要直接噴在微波爐上。
- * 該微波爐設計用於使用適當的容器在平坦的腔體進行烹飪操作。
- * 不要讓油脂或食物微粒在門附近及爐腔內壁上的微波出口防護擋板上殘留。
- * 該產品提供自動清洗功能，可方便地清洗爐腔。有關詳細資訊，請參閱45頁上的自動清洗部分。



- 1 微波**
用來設置微波火力。
- 2 保溫**
設置保溫程序。
- 3 軟化/溶化**
按此摁進入軟化/溶化烹調模式。
- 4 翻熱**
- 5 食譜**
用於選擇自動食譜菜單。
- 6 手動解凍**
手動解凍。
- 7 8 9 解凍菜單 (肉類/家禽/蔬菜)**
設置解凍菜單。
- 10 自動清洗**
用來清潔腔體。
- 11 時鐘**
用於設置時間。
- 12 音量**
用於啟動/關閉嗶聲信號。
- 13 +/-**
用於選擇食物菜單代碼，時鐘時間，烹飪時間，烹飪重量。
- 14 暫停**
用來暫停，停止或取消烹飪。
- 15 極速啟動**
用來開始烹飪。
用於設置極速啟動程序。



- ❶ 食物類型選擇
- ❷ 靜音圖標
- ❸ 微波火力 (watt)
- ❹ 重量(grams)
- ❺ 翻熱圖標
- ❻ 軟化/溶化圖標
- ❼ 自動食譜圖標
- ❽ 輸入重量
- ❾ 保溫圖標
- ❿ 輸入時間
- ⓫ 麵糰發酵圖標
- ⓬ 自動清洗圖標
- ⓭ 解凍圖標
- ⓮ 微波圖標

待機模式

當顯示時鐘時，微波爐處於待機模式（或者，如果時鐘未設置，顯示屏將顯示“: ”）。

啟動保護/兒童鎖定

此自動安全鎖功能會在微波爐回復“備用”模式後的1分鐘後啟動。安全鎖必須在爐門開啟及關閉之後（例如將食物放入爐中）才會解開。如果您沒有放入食物便開始操作微波爐的話，顯示屏便會顯示DOOR（爐門）的字樣：

door

暫停或停止烹飪

要暫停烹飪：

可以暫停烹飪以檢查烹調情況，通過打開爐門來轉動或攪拌食物。按停止掣1次，該功能暫停，按停止掣兩次將會結束該功能。暫停設置可保持5分鐘。

繼續烹飪：

關閉爐門，然後按極速啟動掣一次。烹飪從暫停的地方恢復。

如果你不想繼續烹飪，你可以：

取出食物，關上爐門，然後按停止掣。

烹飪完成後：

顯示屏將顯示“End”。嗶聲響將每分鐘發出一一次信號，持續2分鐘。

請注意，減少或停止此編程冷卻循環不會對產品的功能產生負面影響。

添加/攪拌/翻轉食物

根據所選功能，可能需要在烹飪期間添加/攪拌/翻轉食物。在這些情況下，微波爐將暫停烹飪，它會要求您執行所需的操作。

需要時，您應該：

- 1 打開爐門。
- 2 添加/攪拌/翻轉食物（取決於所需的動作）。
- 3 關閉爐門，然後按極速啟動掣重新啟動。

注意：如果在要求添加、攪拌或轉動食物之後2分鐘內爐門沒有打開，微波爐將繼續烹飪過程（在這種情況下，最終結果可能不是最佳結果）。



時鐘



要設置微波爐的時鐘：

- 1 在待機的狀態下，按時鐘掣1次，顯示屏顯示當前時鐘。
- 2 按+/-掣設置小時數位。
- 3 按時鐘/極速啟動掣，確定小時設定。
- 4 按+/-掣設置分鐘數位。
- 5 按時鐘/極速啟動掣，確定最終設定。

每次烹飪過程完成後，螢幕顯示“End”並發出提示，直到打開門返回待機模式(10分鐘內無任何操作將自動返回待機狀態)。

提示和建議：

- 本產品插上電源時，螢幕顯示“12:00”(“12”閃爍)，1分鐘後返回待機狀態(在返回待機狀態之前可以直接設置時鐘)。
- 在烹飪過程中，按下停止掣一次暫停烹飪，按下極速啟動掣可繼續烹飪，但按停止掣兩次，以取消該程式。
- 在烹飪設定過程中，若1分鐘內沒有任何後續操作，系統自動返回到待機模式。



極速啟動



此功能允許您快速啟動微波爐。按下極速啟動掣一次，微波爐自動開始工作在全火力狀態。烹飪過程中，可按極速啟動掣增加時間。烹調時間最長為90分鐘。

1 按極速啟動掣。

! 注意：

按極速啟動掣，微波功能將會以全火力狀態(900W)工作30秒。

i 提示和建議：

- 即使在烹飪過程已經開始之後，也可以更改微波火力和持續工作時間，只需反覆按下微波掣即可。
- 要更改持續工作時間，請按 +/- 掣。或按一次極速啟動掣，將持續時間延長30秒。



微波

FUNCTIONS 功能



微波



Keep Warm
保溫



Soft/Melt
軟化/溶化

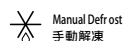


Reheat
翻熱



Chef Menu
食譜

DEFROST 解凍



Manual Defrost
手動解凍



Meat
肉類



Poultry
家禽



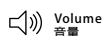
Vegetables
蔬菜



Auto Clean
自動清洗



Clock
時鐘



Volume
音量



STOP
停止

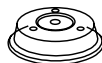


JET START
極速啟動



使用不同的微波火力進行烹調,可反覆按下微波掣選擇一個烹飪火力,然後按 +/-掣,以設置一個理想的烹調時間。烹調時間最長為90分鐘。

專用配件:



盤蓋
(需另外購買)

- 1 按微波掣,默認的微波火力 (750W)會顯示於顯示屏上,同時W圖標閃爍。
- 2 反覆按微波掣或按 +/-掣選擇合適的煮食功率,然後按極速啟動掣。
- 3 按 + / - 掣設置煮食時間,然後按極速啟動掣開始烹調。

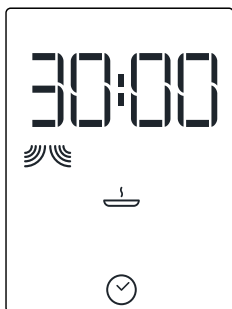
! 注意:

如果需要更改烹調火力,請再次按下微波掣,所需的火力可以選擇如下表所示。

火力	建議用於
90 W	軟化雪糕、牛油及芝士。保持溫暖。
160 W	解凍。
350 W	蒸燉食物,融化牛油。
500 W	烹調需要較小心處理的食物,例如含豐富蛋白質的醬汁、芝士及雞蛋菜式,以及可以烹調煲仔菜。
650 W	烹飪魚類,肉類,蔬菜等。
750 W	烹飪魚類,肉類,蔬菜等。
900 W	重新加熱飲料,水,清湯,咖啡,茶或其他高含水量食物。如果食物含有雞蛋或忌廉,選擇較低的功率。

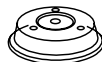


保溫



此功能可自動保持菜餚的溫度。

專用配件：



盤蓋
(需另外購買)

- 1 按保溫掣。顯示屏如右圖顯示。
- 2 按 + / - 掣選擇適用的時間，然後按極速啟動掣開始。

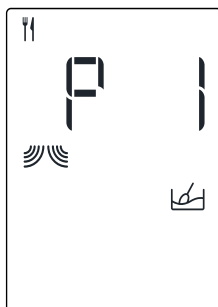
！ 注意：

保溫週期為15分鐘, 為確保保持良好的效果, 請選擇時間超過15分鐘。

軟化/溶化

選擇自動菜單與預設值提供最佳的烹調結果。

- 1 按軟化/溶化掣，顯示屏如右圖顯示。
- 2 重覆按軟化/溶化掣或按 +/- 掣來選擇特定的煮食菜單（詳見下表）。
- 3 按極速啟動掣確認菜單，同時在需要選擇重量的菜單按 +/- 掣選擇重量。
- 4 按極速啟動掣啟動該功能。



！ 注意：

當離開功能掣3秒後烹飪菜單將被確認，再次按下功能鍵來改變菜單類型。



食物類型			重量	提示
P1	軟化	 牛油	50 – 500 克 /50 克	從雪櫃取出，打開包裝並放置於適用於微波爐的盤子上。
P2	軟化	 雪糕	50 – 1000 克 /50 克	冷凍狀態，把雪糕容器放置於玻璃盤上。
P3	軟化	 忌廉芝士	50 – 500 克 /50 克	從雪櫃取出，打開包裝並放置於適用於微波爐的盤子上。
P4	軟化	 冰凍果汁	250 – 1000 克 /250 克	冷凍狀態，從容器中拿走蓋子。
P5	溶化	 牛油	50 – 500 克 /50 克	從雪櫃取出，打開包裝並放置於適用於微波爐的盤子上。
P6	溶化	 朱古力	100 – 500 克 /50 克	室溫下，放置於適用於微波爐的盤子上。
P7	溶化	 芝士	50 – 500 克 /50 克	從雪櫃取出，放置於適用於微波爐的容器內。
P8	溶化	 棉花糖	50 – 500 克 /50 克	室溫下，放置於適用於微波爐的容器內。該容器必須至少兩倍大於棉花糖因為在烹調過程中會膨脹。



翻熱

FUNCTIONS 功能



Micro

微波



Keep Warm

保溫



Soft/Melt

軟化/溶化



Reheat

翻熱



Chef Menu

食譜

DEFROST 解凍



Manual Defrost

手動解凍



Meat

肉類



Poultry

家禽



Vegetables

蔬菜



Auto Clean

自動清洗



Clock

時鐘



Volume

音量



STOP

停止



JETSTART

極速啟動

2:30



此功能可讓您自動重新加熱菜餚。
使用此功能重新加熱：湯，米飯，餛飩，麵包。

- 1 按翻熱掣，顯示如左側
- 2 按極速啟動掣啟動該功能。

建議食物類型	重量
 湯	200克
 米飯	200克
 餛飩	200克
 麵包	300克

提示和建議：

- 將較厚，較密集的食物放在玻璃盤的中心，較薄或較不稠密的食物可放在玻璃盤四周。
- 薄片肉可疊加或交錯放在玻璃盤上。
- 由於食物的多樣性，烹飪時間的設定是按平均分佈來主義，我們建議去檢查食物的內部的煮熟程度或延長烹飪時間，以達到適當的煮食效果。
- 等待1-2分鐘後，再加熱食物可以改善結果，尤其是冷凍食物。
- 塑料薄膜應用叉子打叉或刺破，以減輕內壓，防止蒸煮過程中蒸汽積聚。
- 將食物放在適用於微波爐和耐熱的餐盤或盤子上。



食譜



選擇具有預設值的食譜，以提供最佳烹飪效果。

- 1 按食譜掣，顯示如左側。
- 2 反覆按食譜掣或按+/-掣選擇所需的菜單（請參閱下表）。
- 3 按極速啟動掣確認菜單，並按下+/-掣選擇表中有重量範圍的重量。
- 4 按極速啟動掣，該功能啟動。

! 注意：

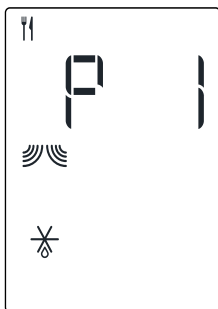
根據選定的菜單，一段時間後，顯示屏會要求您添加或轉動食物。詳見第34頁的“添加/攪動/轉動食物”一章。

! 注意：

當離開功能掣3秒後烹飪食譜將被確認，再次按下功能鍵來改變食譜類型。

菜單	起始狀態	重量	時間	準備工作
1  意大利飯	急凍	250-1000 克 /250 克	20-31 分鐘	把食物放在適用於微波爐的盤子上（250 克意大利飯，400 克水一份），把食物蓋上。
2  杯子蛋糕	室溫	300 克 / 600 克	5-11 分鐘	將 125 克雞蛋和 170 克糖放入容器中攪拌 2-3 分鐘，加入 170 克麵粉，10 克發酵粉，100 克水，50 克牛油，將食物放入紙杯中。將紙杯放在轉盤四周，確保加熱均勻。
3  蔬菜	室溫	200-500 克 /50 克	3-6 分鐘	把蔬菜切成塊，加 2 湯匙水。
4  意粉	室溫	100-300 克 /100 克	13-17 分鐘	把意大利麵條和水放入一個適用於微波爐的容器裡（每份 100 克，需要 800 克水）。
5  湯類	冷凍	300-1200 克 /300 克	2-7 分鐘	把食物蓋上，預留位置讓器皿空氣流通。
6  雞蛋	室溫	1-4 隻蛋	2-4 分鐘	把蛋和水一起打好，用保鮮膜覆蓋量杯。
7  魚柳	冷凍	200-500 克 /50 克	6-11 分鐘	把食物蓋上，預留位置讓器皿空氣流通。
8  豆類	室溫	200-500 克 /50 克	4-7 分鐘	加 2 湯匙水，把食物蓋上。
9  乳酪	室溫	1000 克	5 小时 20 分鐘	用開水清潔容器。使用 1000 毫升牛奶和 1 克酸奶發酵菌，然後加入 50 克糖。在烹飪過程中蓋上容器。
10  麵糰發酵	室溫	1 麵團	65 分鐘	把 200 毫升的水放入爐腔。當微波爐發出提示時添加準備好的麵團。

手動解凍



這個功能可以讓你解凍食物。

- 1 按手動解凍掣，顯示如左側，按極速啟動掣確認。
- 2 按+/-掣調整烹飪時間。
- 3 按極速啟動掣啟動。

! 注意：

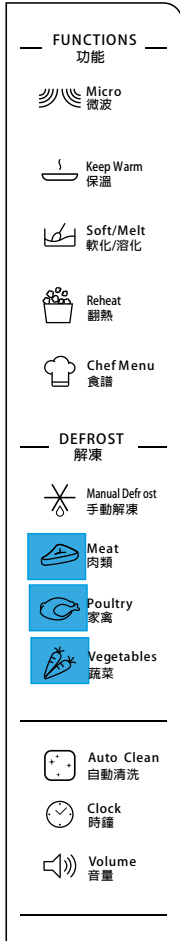
微波爐會在烹調時間到達設定時間的2/3時暫停並提示翻轉食物，直至按極速啟動掣進行下一解凍階段。

i 提示和建議：

- 為了得到最好的效果，我們建議直接在爐腔底部上解凍。
- 如果食物比冷凍溫度(-18° C) 更高，選擇比食物更低的重量。
- 如果食物比冷凍溫度(-18° C)更低，選擇比食物更高的重量。
- 切塊解凍效果更好。
- 解凍後的工作時間可改善煮食效果，因為溫度將均勻分佈在整個食品。

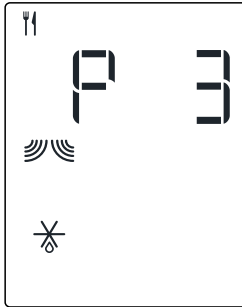


解凍菜單(肉類/家禽/蔬菜)



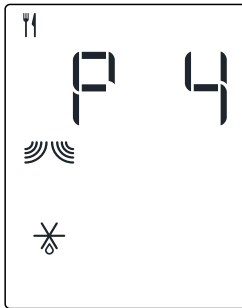
這些功能使您可以解凍食物。

- 1 按肉類/家禽/蔬菜掣，顯示如左側，按極速啟動掣確認。
- 2 按+/-掣調整食物的重量。
- 3 按極速啟動掣啟動。



注意：

當微波爐發出提示時最好翻轉食物。



食物類型		重量	建議用於
P2	肉類	100克 - 2000克	肉碎，肉餅，牛排或烤肉。 烹飪後，讓食物休息至少5分鐘以獲得更好的效果。
P3	家禽	100克 - 2000克	整隻雞，雞塊或雞片。 烹飪後，讓食物休息5-10分鐘以獲得更好的效果。
P4	蔬菜	100克 - 1000克	大，中，小件蔬菜。 食用前，讓食物休息3-5分鐘，以獲得更好的效果。



自動清洗



此自動清洗功能將幫助您清潔微波爐腔，並消除不潔的氣味。

開始自動清洗之前：

- 1 將300毫升水倒入容器中（請參閱下文“提示和建議”一節中的建議）。
- 2 將容器直接放在玻璃轉盤上。

開始自動清洗：

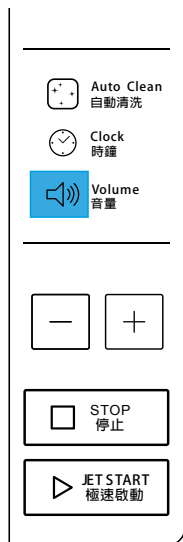
- 1 按一次自動清洗掣，清洗循環持續時間將顯示在顯示屏上。
- 2 按極速啟動掣啟動該功能。

當清洗循環完成時：

- 1 按下停止掣。
- 2 取出容器。
- 3 使用軟布或帶有溫和洗滌劑的紙巾清潔爐腔。

提示和建議：

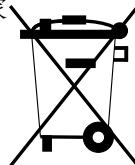
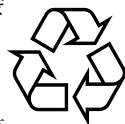
- 為了得到更好的清潔效果，建議使用直徑為17-20厘米和高度低於6.5厘米的容器。
- 建議使用適用於微波爐的輕質塑膠材料容器。
- 當清洗週期完成後，容器將是熱的，建議從微波爐中取出容器時使用耐熱手套。
- 若想達到更好的清潔效果和去除不愉快的氣味，可在水裡加一些檸檬汁或醋。



這個功能允許啟動/停用所有控制微波爐時發出的聲音,包括功能掣按下,警告,提示,甚至結束功能時發出的聲音。按音量掣變成靜音,再次按音量掣成為有聲模式。此功能可隨時操作。

環保建議

- 用來盛載本爐具的紙盒印有環保標誌,可以完全循環再造。棄置有關包裝材料時,請遵循本地的廢物棄置條例。請把可能引致危險的包裝材料(如膠袋、發泡膠等)放置在小孩接觸不到的地方。
- 本產品依照歐洲關於廢棄電子電氣產品條例2002/96/EC進行標識(WEEE)。
- 用戶正確棄置能夠幫助預防對環境及人類健康潛在的負面影響。
- 產品上或產品檔上的此標誌表示本產品有可能不屬於家庭棄置廢物。需要將其交至指定的電子電氣產品廢置站。
- 本產品如日後需要棄置,請遵循本地的廢物棄置條例。
- 有關產品處理,恢復及循環使用的詳細資料,請諮詢本地政府機構,家庭棄置廢物機構或購買產品的商鋪。
- 棄置前請切斷電源線,使本產品不能連接電源。



符合 IEC 60705, 版本4, 2010-04.

國際電工委員會已經開發了用於不同微波爐的加熱性能的比較測試的標準。我們建議以下用於此微波爐：

測試內容	重量	功率等級	大約時間
12.3.1 (蛋羹)	1000 克	900 瓦	28-29.5 分鐘
12.3.2 (海綿蛋糕)	475 克	900 瓦	14 分鐘
12.3.3 (肉餅)	900 克	900 瓦	23-24 分鐘
13.3 (手動解凍)	500 克	160 瓦	14-15 分鐘

技術規格

數據描述	MS3001B
電源電壓	230-240V~50 Hz
額定輸入功率	1400W
機身尺寸 (高x寬x深)	300 x 539 x 398
爐腔尺寸 (高x寬x深)	240 x 354 x 358

Whirlpool® Registered trademark/TM Trademark of Whirlpool group of companies

All rights reserved - <http://www.whirlpool.com.hk>

註冊商標/惠而浦集團的TM商標

版權所有 翻印必究 - <http://www.whirlpool.com.hk>



The Whirlpool logo, featuring the word 'Whirlpool' in a sans-serif font with a stylized swirl graphic around the 'i'.