

CB2069/IX

OPERATING INSTRUCTIONS MANUAL 使用說明書

Please read this manual carefully before installing and operating the oven.

Record in the space below the SERIAL NO. found on the rating label on your oven and retain this information for future reference.

SERIAL NO.:

安裝及使用微波爐前請先細閱本說明書。

請在下方空位記下微波爐機身功率規格表上的產品序號，以便日後參考。
序號：

避免接觸過量微波能量的預防措施：

1. 爐門開啟時切勿操作本機，爐門開啟時操作可能會接觸到微波能量造成傷害。切勿打破或干擾安全鎖。
2. 切勿在微波爐正面與爐門之間放置任何物件，密封表面如有污垢或潔劑殘留積聚，必須清除。
3. 微波爐如損壞切勿使用，特別應確保爐門可關緊，而下列部份沒有損壞：
 - a. 門(彎曲)；
 - b. 鉸件及門門(破爛或鬆脫)；
 - c. 爐門密封圈及密封表面。
4. 微波爐若須調校或修理，必須交由合格維修人員執行。

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規格

耗電量	240伏~50赫茲，1200瓦(微波)
	900瓦(燒烤)
額定微波輸出功率	700瓦
操作頻率	2450兆赫
機身尺寸	304毫米(高) x 452毫米(闊) x 333毫米(深)
微波爐腔尺寸	198毫米(高) x 315毫米(闊) x 297毫米(深)
微波爐容量	20公升
烹調均勻效果	轉盤系統
淨重	約11.3公斤

安裝指引

1. 警告：請檢查微波爐是否有任何損壞，例如爐門不對稱或彎曲、爐門密封圈或密封表面破損、門鉸及門門破爛或鬆脫、爐腔或爐門凹陷。如發現任何損壞，切勿操作，應聯絡合格的維修人員檢查 — 惠而浦維修保養服務。
2. 微波爐必須擺放在可承受機身加上食物重量的穩固平坦表面。
3. 微波爐不應放在發出熱力、水氣或極潮濕的地方，亦不可靠近任何易燃物料。
4. 微波爐必須充分通風才可妥善操作。請確保微波爐頂有20厘米、機背有10厘米和兩側各有5厘米空間。切勿蓋着或阻塞微波爐任何散熱口。切勿拆除爐腳。
5. 使用微波爐時，轉盤及轉盤架必須裝妥在正確位置。
6. 請確保電源線沒有損壞。電源線不應越過爐底或跨過任何灼熱或尖銳表面。
7. 電插座必須伸手可及，確保遇到緊急情況可即時拔除。
8. 不可在戶外使用此微波爐。
9. 查看功率規格表上的電壓，確保與您家居的電壓相符。
10. 切勿拆除微波爐腔壁側面的微波入口保護板，保護板可防止油脂及食物微粒滲進微波入口通道。
11. 安裝時請確保爐腔內沒有物件。
12. 確保微波爐沒有損壞。檢查爐門能否緊貼門架關緊，爐門內側的密封墊亦無破損。取出爐內所有物件，用濕潤軟布清潔內部。
13. 如微波爐的電源線或插頭已損壞，或微波爐操作不良，損壞或曾被跌撞，切勿使用。切勿將電源線或插頭放入水中。電源線應遠離熱表面，以免觸電、失火或發生其他危險事故。
14. 切勿使用拖板：如電源線太短，應請合格電工或維修人員在微波爐附近安裝插座。

接地指引

本裝置必須接地。微波爐的電源線裝有接地線及接地插頭。插頭必須插進安裝穩固並連接地線的插座。如發生電線短路，接地裝置可作為電流的逃逸通道，減低觸電風險。我們建議微波爐使用獨立電路。使用高壓電易生危險，可能引起火警或其他意外，導致微波爐受損。

警告：不當使用接地插頭可引致觸電風險。

註：

1. 如對接地或電力指引有任何疑問，請諮詢合格電工或惠而浦(香港)有限公司。
2. 如因不依照指定的接電程序導致微波爐受損或任何人身損傷，製造商或代理商概不負責。

主電源線內的電線以下列顏色識別：

黃綠 = 地線

藍 = 中性

啡 = 帶電

無線電干擾

微波爐操作時或會干擾您的收音機、電視機或同類電器。

如發生無線電干擾，可採取下列措施以減輕或消除干擾：

1. 清潔微波爐的門及密封表面。
2. 調校收音機或電視機的接收天線。
3. 將微波爐移至其他不同的位置。
4. 將微波爐移離接收器材。
5. 轉換微波爐的電插座，令微波爐和接收器材使用不同的分支電路。

重要安全指引

使用電器時，應注意以下的基本安全預防措施：

警告：請採取以下措施以減少燒傷、觸電、着火、個人損傷或暴露於過量微波能量的風險：

1. 使用本裝置前先細閱所有使用說明，並妥善保存以便日後參考。
2. 本裝置只可作本說明書所述的原設計用途。切勿使用本裝置處理腐蝕性化學品或蒸汽。這類微波爐是專為加熱、烹調或烘乾食物而設，不適合作商業、工業或化驗室用途。
3. 微波爐內沒有食物時，請不要用微波爐。
4. 不要在微波爐內或附近加熱或使用易燃物料。
5. 為減少爐腔着火的風險：
 - a. 加熱以塑膠或紙容器盛載的食物，應不時檢查微波爐，以防燃點着火。
 - b. 必須去除紙袋或膠袋上的紮帶，方可放進微波爐。
 - c. 如發現微波爐冒煙，保持爐門關閉並關掉微波爐。拔除電源線或關掉電源。
 - d. 不要在爐內存放物品。不使用微波爐時不要放置紙品、食具或食物。
6. **警告：切勿用微波爐加熱不透氣密封容器盛載的物品，由於壓力上升，開啟時或會造成破損或甚至爆炸。**
7. 用微波爐加熱飲品或會導致液體延後爆沸，因此處理容器時必須格外小心。

8. 不要在微波爐煎炸食物，燙油會損壞微波爐部件及食具，甚至灼傷皮膚。
9. 不要在微波爐加熱連殼雞蛋或整隻烩蛋，否則可能在微波加熱後爆炸。
10. 馬鈴薯、整個瓜類、蘋果及栗子等外皮較厚的食物烹調前應在表面刺孔。
11. 奶瓶及嬰兒食品瓶應攪拌或搖勻，給嬰兒進食前應檢查溫度，以免灼傷。
12. 加熱食物或會傳熱到食具，拿取時應使用隔熱墊。
13. 請檢查食具是否微波爐適用。
14. **警告：除受訓人員外，任何其他人士均不應拆除阻隔過量微波能量的微波爐防護外殼進行維修或修理，以免發生危險。**
15. 本裝置不適合含有身體、感官或精神障礙的人士(包括兒童)使用，亦不適合缺乏經驗或知識的人士使用，除非由照顧他們安全的人士在旁督導或指示如何使用。
16. 家長應監督兒童，確保不會以本裝置作玩具。
17. **警告：切勿將微波爐安裝在煮食爐灶面或其他產生熱力的器具表面。如安裝失當導致損壞，保養恕不生效。**
18. 微波爐操作期間，爐門或機身外表面或會發燙。
19. 微波爐操作期間，機身可觸及的表面或會處於高溫。
20. **警告：如爐門或門密封圈損壞，應停止使用微波爐並應安排合格人員修妥。**
21. 不要移除爐背或側面空間預留器，確保微波爐與牆壁保持最小距離，以便空氣流通。
22. 若須移動微波爐，請先固定轉盤，以免損壞。
23. 任何維修工程必須由合格的維修技工執行，任何人士均不應拆除任何阻隔過量微波能量的防護外殼進行維修或修理，以免發生危險。切勿拆除任何外殼。
24. 拿取加熱食物時應戴隔熱手套。
25. **注意：開啟容器面蓋或包裝錫紙時提防冒出熱蒸汽。**
26. 不要用微波爐烘乾紡織品、紙、香料、香草、木、花、水果或其他可燃燒物料，以免着火。
27. 若微波爐內外任何物料燃點着火或冒煙，保持爐門關閉並關掉微波爐。拔除電源線或在保險絲電箱或斷路器控制板關掉電源。
28. 不要過度烹調食物，以免着火。
29. 微波爐操作期間必須有人看管，如烹調時使用紙、塑膠或其他可燃燒物料更須特別留意。紙或會燒焦，某些塑膠可能在食物加熱過程中融化。

烹調貼士

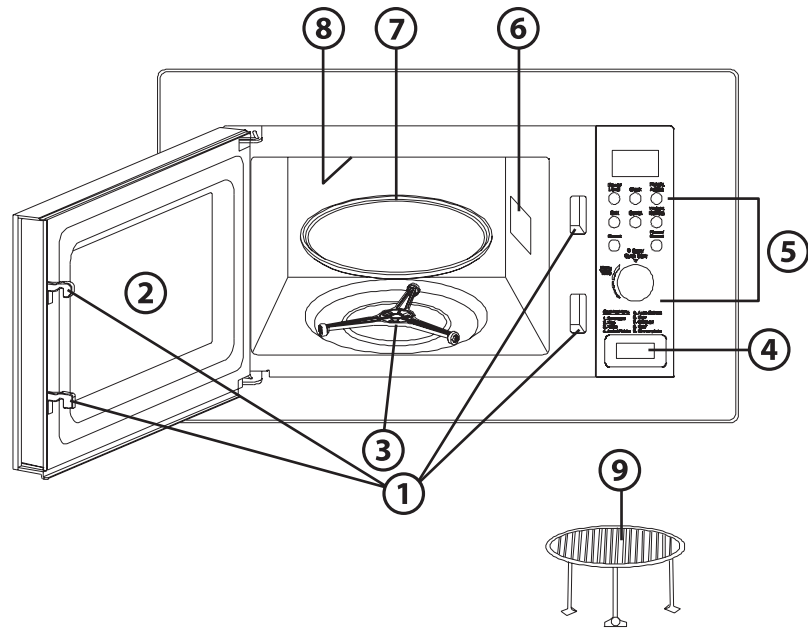
1. 小心排列食物，最厚的部份應放近碟邊。
2. 監察烹調時間。先按指示以最短的時間烹調，按需要逐點延長。食物過度烹調或會造成冒煙或燃點着火。
3. 食物烹調期間應蓋好，防止濺出汁液，並可確保均勻受熱。
4. 用微波烹調雞及漢堡包等食品可翻轉一次以加速烹調。烤肉等大件食物烹調期間最少須翻轉一次。
5. 烹調肉丸類食物煮至半熟時，應將碟中食物由底至面和由內至外重新排列。
6. 如要練習操作微波爐，可放一杯水在爐內，讓水吸收微波能量，避免微波爐受損。
7. 油炸食物
— 切勿用微波爐炸食物，因為無法控制油的溫度。
8. 液體
飲品或水：液體可能已過度加熱並超過沸點，但表面不會出現氣泡，此可能導致液體突然沸騰。為避免這種情況，請採取以下措施：
 - a. 不宜使用兩側垂直的窄頸容器。
 - b. 將容器放入微波爐之前先攪拌液體，並將匙羹留在容器內。
 - c. 加熱後先放一會，然後再次攪拌，方可從微波爐取出容器。
9. 小心謹慎
— 加熱嬰兒食物或以奶瓶或嬰兒食品瓶盛載的液體，給嬰兒進食之前記着攪拌和檢查溫度，確保熱力均勻分佈，避免燙傷或灼傷。加熱前記着除去面蓋及奶嘴！

附件

1. 微波不能穿透金屬，因此不宜使用金屬食具或帶有金屬邊的碗碟。
2. 微波爐烹調不宜使用再造紙製品，因為再造紙製品或含細小金屬塊，會產生火花及/或着火。
3. 建議選用圓形/橢圓的碟，不宜使用方形/長方形碟，以免四角的食物過熟。
4. 燒烤時可在食物的外露部位加蓋錫紙條以防過度烹調，但小心不要蓋太多，並要與爐腔保持1吋(2.54厘米)距離。
5. 市面上有多種配件配合微波爐使用，選購前請確保適合微波爐使用。
6. 烹調前請確保您選用的食具可在微波爐使用，並可讓微波穿透。
7. 將食物及附件放進微波爐時，請確保不會接觸到微波爐內側，金屬或含金屬部件的附件尤其注意。
8. 含金屬部件的附件如接觸到微波爐內部，微波爐操作時或會產生火花，造成損壞。
9. 請檢查轉盤可暢順轉動，方可使用微波爐。
10. 轉盤架應放在玻璃轉盤下方，切勿在轉盤架上放置任何其他食具。

下表是選購正確食具的一般指引：

烹食用具	微波爐	燒烤爐	兩者皆可
耐熱玻璃	可以	可以	可以
非耐熱玻璃	不可	不可	不可
耐熱陶瓷	可以	可以	可以
微波爐適用膠碟	可以	不可	不可
廚房紙	可以	不可	不可
金屬盤	不可	可以	不可
金屬架	不可	可以	不可
錫紙及錫紙容器	不可	可以	不可



1. 爐門安全鎖系統
2. 爐窗
3. 轉盤架
4. 開門按鈕
5. 控制面板
6. 波導管(請勿拆除覆蓋波導管的雲母片)
7. 玻璃轉盤
8. 燒烤發熱線
9. 金屬架

顯示屏 (DISPLAY)

顯示烹調時間、火力、操作指示燈及時鐘。

火力 (POWER LEVEL)

按本鍵設定微波烹調的火力。

(100%→80%→60%→40%→20%→0%)

時鐘 (CLOCK)

按本鍵設定時鐘。

調節重量 (WEIGHT ADJUST)

按本鍵設定食物重量或份數。

燒烤 (GRILL)

按本鍵設定最長95分鐘的燒烤烹調程序。

組合 (COMBI.)

以微波及燒烤火力組合烹調食物。

按重量解凍 (WEIGHT DEFROST)

按本鍵設定解凍食物的重量。

預設 (PRESET)

按本鍵預設在指定時間自動開始烹調程序。

暫停/取消 (PAUSE/CANCEL)

設定烹調程序之前按本鍵以取消設定或重新設定微波爐。

按一次暫停烹調，按兩次完全取消。

本鍵亦可設定兒童安全鎖。

食譜/時間(旋扭) (MENU/TIME (KNOB))

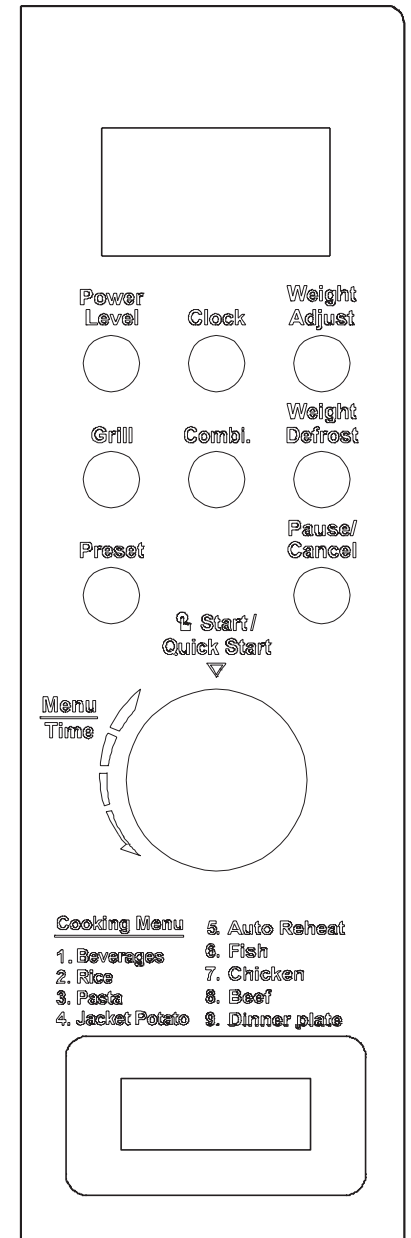
轉動旋扭以輸入時間。

轉動旋扭選擇自動烹調食譜。

啟動/快速起動(食譜/時間) (START/QUICK START (MENU/TIME))

按一次以最大火力開始烹調程序。

每按一次即延長30秒，您可輸入的最長烹調時間為10分鐘。





如何設定微波爐控制功能

每次按鍵，微波爐均會發出鳴響。烹調程序完成後，微波爐會發出鳴響，顯示屏會出現完成END字樣提醒用戶。按下任何鍵或開啟爐門即可清除，以設定其他功能。

設定時鐘

24小時時鐘。微波爐操作中亦可檢查時間。
按下**時鐘CLOCK**鍵，顯示屏會顯示時間片刻。

例如：若要設定微波爐時鐘為8:30：

1. 按**時鐘CLOCK**鍵。
2. 轉動**食譜/時間MENU/TIME**旋鈕選擇8。 
3. 按**時鐘CLOCK**鍵一次確定小時設定。
4. 轉動**食譜/時間MENU/TIME**旋鈕選擇30。 
5. 按**時鐘CLOCK**鍵一次確定設定。

微波烹調

選擇微波烹調，只須按**火力POWER LEVEL**鍵，選擇所需火力，然後用**食譜/時間MENU/TIME**旋鈕設定所需烹調時間。最長烹調時間為95分鐘。

按**火力POWER LEVEL**鍵選擇火力。

按 火力POWER LEVEL 鍵	烹調火力
一次	100%
兩次	80%
三次	60%
四次	40%
五次	20%
六次	0%

例如，您想以60%微波火力烹調10分鐘：

1. 按**火力POWER LEVEL**鍵三次設定60%。
2. 轉動**食譜/時間MENU/TIME**旋鈕選擇10:00。 
3. 按**啟動/快速起動START/QUICK START**鍵。

燒烤

最長烹調時間為95分鐘。



例如，您想燒烤食物12分鐘：

1. 按**燒烤GRILL**鍵。
2. 轉動**食譜/時間MENU/TIME**旋鈕選擇12:00。 
3. 按**啟動/快速起動START/QUICK START**鍵。

組合1

最長烹調時間為95分鐘。

30%指定烹調時間為微波，70%為燒烤。

- 例如，您想設定組合1烹調25分鐘：
1. 按**組合COMBI.**鍵顯示CO-1。 
 2. 轉動**食譜/時間MENU/TIME**旋鈕選擇25:00。 
 3. 按**啟動/快速起動START/QUICK START**鍵。

預設功能

利用這個功能編定在指定時間開始烹調。

例如，現時是9:00而您想微波爐在11:30開始烹調：

1. 輸入所需的烹調程序。
2. 按**預設PRESET**鍵一次。
3. 轉動**食譜/時間MENU/TIME**旋鈕選擇小時11:00。 
4. 按**預設PRESET**鍵一次。
5. 轉動**食譜/時間MENU/TIME**旋鈕選擇分鐘11:30。 
6. 按**啟動/快速起動START/QUICK START**鍵一次。

註：設定預設功能後，除按**預設PRESET**鍵查看預設時間或按**暫停/取消PAUSE/CANCEL**鍵取消外，不能操作其他按鈕。到了11:30，指定的烹調程序會自動開始。

按重量解凍

微波爐可按照輸入的重量解凍。輸入重量後系統會自動設定解凍的時間及火力。冷藏食物可選擇的重量範圍為100克至1,800克。

例如，您想解凍600克冷藏蝦：

1. 按**按重量解凍WEIGHT DEFROST**鍵。
2. 按**調節重量WEIGHT ADJUST**鍵選擇需解凍食物的重量(100克/按)。
3. 按**啟動/快速起動START/QUICK START**鍵。

註：微波爐解凍期間會停止，讓用戶翻轉食物，確保均勻解凍，再按**啟動/快速起動START/QUICK START**鍵即可繼續解凍，完成餘下預設時間。

快速起動

在快速起動模式，微波爐會以高火迅速烹調(100%功率輸出)。

按**啟動/快速起動START/QUICK START**鍵即可設定烹調時間，微波爐會立即以全火力操作。每次按鍵可延長30秒，您可輸入的最長烹調時間為10分鐘。

兒童安全鎖

防止兒童在無監督的情況下操作微波爐。顯示屏會亮起**兒童安全鎖CHILD LOCK**指示燈，在此設定下微波爐無法操作。

設定**兒童安全鎖CHILD LOCK**：長按下**暫停/取消PAUSE/CANCEL**鍵3秒，直至聽到鳴響和兒童鎖指引燈亮起。

取消**兒童安全鎖CHILD LOCK**：長按下**暫停/取消PAUSE/CANCEL**鍵3秒，直至兒童鎖指引燈熄滅。

食譜

烹調以下食物或操作下列烹調程序毋須輸入烹調火力及時間，只需指示微波爐您想烹調的食物和重量，按**啟動/快速起動START/QUICK START**鍵後微波爐便會開始工作。
為確保受熱均勻，烹調期間或需翻轉食物一次。

自動烹調食譜

編號	食物	
01	飲品(200毫升/杯)	<ol style="list-style-type: none">如輸入牛奶/咖啡及馬鈴薯，按調節重量WEIGHT ADJUST鍵時顯示屏會出現份數而非食物重量。如選擇07、08及09號，微波爐烹調中途會停止並發出數聲鳴響，提醒您開啟爐門及翻轉食物以確保均勻。自動烹調的效果視乎多項因素，例如電壓波動、食物的形狀及大小、個人喜好某些食物的生熟程度，或甚至食物在爐內擺放是否妥當。如個別設定的烹調效果未如理想，請相應地調整烹調時間。烹調意大利粉請先加熱水。
02	飯	
03	意大利粉	
04	焗薯(每個230克)	
05	自動翻熱	
06	魚	
07	雞	
08	牛肉	
09	晚餐便當	

例如，烹調400克魚：

- 在等候模式**轉動食譜/時間MENU/TIME**旋鈕選擇魚，即自動烹調食譜06號。
- 按**調節重量WEIGHT ADJUST**鍵數次選擇所需重量。
- 按**啟動/快速起動START/QUICK START**鍵。

維修及清潔

- 清潔前先關掉微波爐並拔除插頭。
- 保持微波爐內部清潔。如食物濺出汁液或液體傾溢黏附腔壁，可用濕布抹去。如微波爐非常髒，亦可用溫和清潔劑清洗。避免使用噴劑及其他腐蝕性潔劑，以免弄花爐門表面或產生花紋或令色澤暗啞。
- 清潔機身外表面應用濕布。為防損壞微波爐內部的操作部件，注意不要讓水滲進散熱口。
- 請經常用濕布抹爐門、爐窗邊緣、爐門密封圈及旁邊部件，並清除任何溢漏或濺漬。不要使用腐蝕性潔劑。若不保持微波爐清潔，可能導致表面損耗，縮短裝置的使用壽命，亦可能構成危險。
- 切勿沾濕控制面板。請用濕潤軟布清潔。清潔控制面板時請一直打開爐門，以防意外啟動微波爐。
- 爐門內或外部周圍如有水蒸汽，可用軟布抹去。在潮濕天氣下操作微波爐或會形成蒸汽，這是正常現象。
- 有時也需要拆除玻璃轉盤清潔。玻璃盤可用有清潔液的溫水清洗，或放進洗碗機清洗。
- 轉盤架及爐腔底應定時清潔，以免操作時產生過大噪音。請用溫和潔劑抹爐腔底部，轉盤架可用有清潔液的溫水清洗，或放進洗碗機清洗。每次從爐腔底部拆除轉盤架清潔後，重新安裝時請確保位置正確。
- 欲去除微波爐的異味，可在一個微波爐適用的深碗內將一杯水混和一個檸檬的汁和皮，放入微波爐煮五分鐘，然後用軟布徹底抹淨及抹乾。
- 如爐燈熄滅，請通知惠而浦(香港)有限公司更換。
- 請勿將本裝置與其他家居廢物一同棄置。本裝置應送往政府提供的特別電器回收中心處理。
- 首次使用設有燒烤功能的微波爐時，或會產生少量煙霧及氣味，這是正常現象，因為微波爐是用有潤滑油塗層的鋼板製造，新爐首次使用時潤滑油燃燒會產生煙霧和氣味。使用數次後這種現象便會消失。

疑難排解

如微波爐無法操作，致電維修中心前請先檢查以下事項：

- 轉盤及轉盤架已裝妥。
- 插頭已插在牆上的電插座。
- 爐門已關好。
- 檢查保險絲，確保有電源供應。
- 檢查微波爐是否有足夠的通風空間。
- 等10分鐘，再嘗試操作微波爐。
- 嘗試再啟動微波爐前，請先開啟爐門再關妥，然後重新啟動。

PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY

- 1. Do not attempt to operate this oven with the door open** since open door operation can result in harmful exposure to microwave energy. It is important not to defeat or tamper the safety interlocks.
- 2. Do not place any object between** the oven front face and the door or allow soil or cleaner residue to accumulate on sealing surfaces.
- 3. Do not operate the oven** if it is damaged. It is particularly important that the oven door close properly and that there is no damage to the
 - a. Door (bent),
 - b. Hinges and latches (broken or loosened),
 - c. Door seals and sealing surfaces.
- 4. The oven should not be adjusted or repaired** by anyone except properly qualified service personnel.

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SPECIFICATIONS

Power Consumption:	240V~50Hz, 1200W(Microwave)
	900W(Grill)
Rated Microwave Power Output:	700W
Operation Frequency:	2450MHz
Outside Dimensions:	304mm(H)×452mm(W)×333mm(D)
Oven Cavity Dimensions:	198mm(H)×315mm(W)×297mm(D)
Oven Capacity:	Compact 20Litres
Cooking Uniformity:	Turntable System
Net Weight:	Approx. 11.3kg

INSTALLATION

- WARNING: Check the oven for any damage, such as misaligned or bent door, damaged door seals and sealing surface, broken or loosed door hinges and latches and dents inside the cavity or on the door. If there is any damage, do not operate the oven and contact qualified service personnel - Whirlpool service.**
- This microwave oven must be placed on a flat, stable surface to hold its weight and the weight of food to be cooked in the oven.
- Do not place the oven where heat, moisture, or high humidity are generated, or near combustible materials.
- For correct operation, the oven must have sufficient airflow. Allow 20cm of space above the oven, 10cm at back and 5cm on both sides. Do not cover or block any openings on the appliance. Do not remove feet.
- Do not operate the oven without turntable and turntable support in their proper positions.
- Make sure that the power supply cord is undamaged and does not run under the oven or over any hot or sharp surface.
- The socket must be readily accessible so that it can be easily unplugged in an emergency.
- Do not use the oven outdoors.
- Check that the voltage on the rating plate corresponds to the voltage in your home.
- Do not remove the microwave inlet protection plates located on the side of the oven cavity wall. They prevent grease & food particles from entering the microwave inlet channels.
- Ensure the oven cavity is empty before mounting.
- Ensure that the appliance is not damaged. Check that the oven door closes firmly against the door support and that the internal door seal is not damaged. Empty the oven and clean the interior with a soft, damp cloth.
- Do not operate this appliance if it has a damaged mains cord or plug, if it is not working properly, or if it has been damaged or dropped. Do not immerse the mains cord or plug in water. Keep the cord away from hot surfaces. Electrical shock, fire or other hazards may result.
- Do not use extension cord: if the power supply cord is too short, have a qualified electrician or serviceman install an outlet near the appliance.

GROUNDING INSTRUCTIONS

This appliance must be grounded. This oven is equipped with a cord having a grounding wire with a grounding plug. It must be plugged into a socket that is properly installed and grounded. In the event of an electrical short circuit, grounding reduces risk of electric shock by providing an escape wire for the electric current. It is recommended that a separate circuit serving only the oven be provided. Using high voltage is dangerous and may result in fire or other accident causing oven damage.

WARNING: Improper use of the grounding plug can result in a risk of electric shock.

Note

- If you have any question about the grounding or electrical instructions, consult a qualified electrician or - Whirlpool (HK) Ltd..
- Neither the manufacturer nor the dealer can accept any liability for damage to the oven or personal injury resulting from failure to observe the electrical connection procedures.

The wires in this cable main are colored in accordance with the following code:

Green and Yellow = EARTH

Blue = NEUTRAL

Brown = LIVE

RADIO INTERFERENCE

Operation of the microwave oven can cause interference to your radio, TV, or similar equipments.

When there is interference, it may be reduced or eliminated by taking the following measures:

- Clean door and sealing surface of the oven.
- Adjust the receiving antenna of radio or television.
- Relocate the microwave oven with respect to the receiver.
- Move the microwave oven away from the receiver.
- Plug the microwave oven into a different outlet so that microwave oven and receiver are on different branch circuits.

IMPORTANT SAFETY INSTRUCTIONS

When using electrical appliance, basic safety precautions should be followed, including the following:

WARNING: To reduce the risk of burn, electric shock, fire, injury to persons or exposure to excessive microwave energy:

- Read all instructions before using the appliance and keep it for future reference.
- Use this appliance only for its intended use as described in this manual. Do not use corrosive chemicals or vapors in this appliance. This type of oven is specifically designed to heat, cook or dry food. It is not designed for commercial, industrial or laboratory use.
- Do not operate the oven when empty.
- Do not heat, or use flammable materials in or near the oven.
- To reduce the risk of fire in the oven cavity:
 - When heating food in plastic or paper container, check the oven frequently to the possibility of ignition.
 - Remove wire twist-ties from paper or plastic bags before placing them in oven.
 - If smoke is observed, keep oven door closed and turn the oven off. Disconnect the power cord or shut off power.
 - Do not use the cavity for storage purposes. Do not leave paper products, cooking utensils or food in the cavity when not in use.
- WARNING: Do not use your microwave oven for heating anything in airtight sealed containers. The pressure increases and may cause damage when opening or may explode.**

7. Microwave heating of beverage can result in delayed eruptive boiling, therefore care has to be taken when handle the container.
8. Do not fry food in the oven. Hot oil can damage oven parts and utensils and even result in skin burns.
9. Eggs in their shell and whole hard-boiled eggs should not be heated in microwave ovens since they may explode even after microwave heating has finished.
10. Pierce foods with heavy skins such as potatoes, whole squashes, apples and chestnuts before cooking.
11. The contents of feeding bottles and baby jars should be stirred or shaken and the temperature should be checked before serving in order to avoid burns.
12. Cooking utensils may become hot because of heat transferred from the heated food. Potholders may be needed to handle the utensils.
13. Utensils should be checked to ensure that they are suitable for use in microwave oven.
14. **WARNING: It is hazardous for anyone other than trained personnel to carry out any service or repair operation which involves the removal of any cover which gives protection against exposure to microwave energy.**
15. This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
16. Children should be supervised to ensure that they do not play with the appliance.
17. **WARNING: Do not install oven over a range cooktop or other heat-producing appliance. If installed oven is damaged, the warranty will not cover this.**
18. The door or the outer surface may get hot when the appliance is operating.
19. The temperature of accessible surfaces may be high when the appliance is operating.
20. **WARNING: If the door or door seals are damaged, the oven must not be operated until it has been repaired by qualified personnel.**
21. Never remove the distance holder in the back or on the sides, as it ensures a minimum distance from the wall for air circulation.
22. Please secure the turntable before you move the appliance to avoid damages.
23. Service only to be carried out by a trained service technician. It is hazardous for anyone other than a trained person to carry out any service or repair operation, which involves the removal of any cover, which gives protection against exposure to microwave energy. Do not remove any cover.
24. Use gloves if you remove any heated food.
25. **Caution: Steam will escape when opening lids or wrapping foil.**
26. Do not use your microwave oven for drying textiles, paper, spices, herbs, wood, flowers, fruit or other combustible materials. Fire could result.
27. If material inside / outside the oven should ignite or smoke is observed, keep oven door closed and turn the oven off. Disconnect the power cord or shut off power at the fuse or circuit breaker panel.
28. Do not over-cook food. Fire could result.
29. Do not leave the oven unattended, especially when using paper, plastic or other combustible materials in the cooking process. Paper can char and some plastics can melt if used when heating foods.

COOKING TIPS

1. Arrange food carefully. Place thickest areas towards outside of dish.
2. Watch cooking time. Cook for the shortest amount of time indicated and add more as needed. Food severely overcooked can smoke or ignite.
3. Cover foods while cooking. Covers prevent spattering and help foods to cook evenly.
4. Turn foods over once during microwaving to speed cooking of foods such as chicken and hamburgers. Large items like roasts must be turned over at least once.
5. Rearrange foods such as meatballs halfway through cooking, from top to bottom and from the center of the dish to the outside.
6. If you practice operating the oven, put a glass of water inside. The water will absorb the microwave energy and the oven will not be damaged.
7. DEEP-FRYING
 - Do not use your microwave oven for deep-frying, because the oil temperature cannot be controlled.
8. LIQUIDS

Beverages or water. Overheating the liquid beyond boiling point can occur without evidence of bubbling. This could result in a sudden boil over of the hot liquid. To prevent this possibility the following steps should be taken:

 - a. Avoid using straight-sided containers with narrow necks.
 - b. Stir the liquid before placing the container in the oven and let the teaspoon remain in the container.
 - c. After heating, allow standing for a short time, stirring again before carefully removing the container from the oven.
9. CAREFUL
 - After heating baby food or liquids in a baby bottle or in a baby food jar, always stir and check the temperature before serving. This will ensure that the heat is evenly distributed and the risk of scalding or burns can be avoided. Ensure the Lid and the Teat is removed before heating!

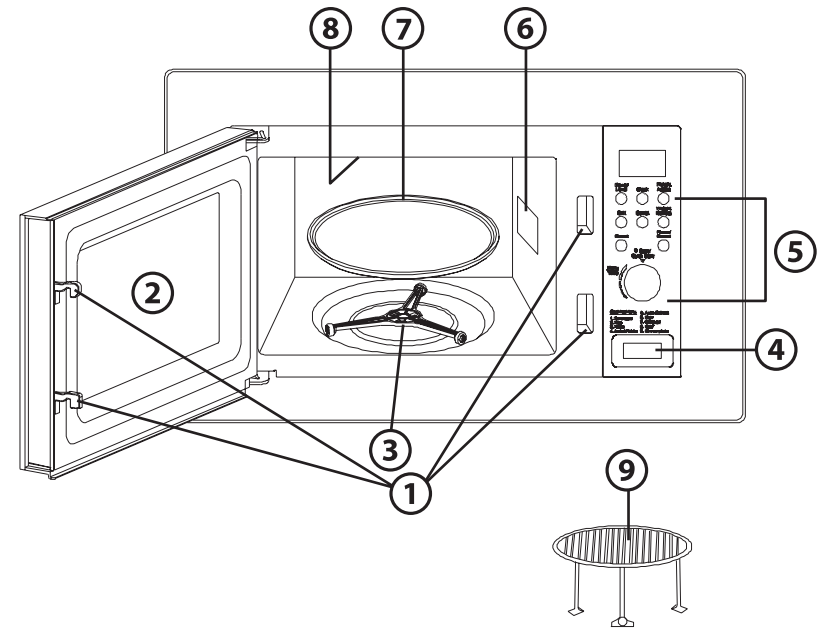
ACCESSORIES

1. Microwave cannot penetrate metal, so metal utensils or dishes with metallic trim should not be used.
2. Do not use recycled paper products for microwave cooking, as they may contain small metal fragments which may cause sparks and/or fires.
3. Round /oval dishes rather than square/oblong ones are recommended, as food in corners tends to overcook.
4. Narrow strips of aluminum foil can be used to prevent overcooking of exposed areas when grilling. But be careful not to use too much and keep a distance of 1 inch (2.54cm) between foil and cavity.
5. There are a number of accessories available on the market. Before you buy, ensure they are suitable for microwave use.
6. Ensure that the utensils you use are oven proof and allow microwaves to pass through them before cooking.
7. When you put food and accessories in the microwave oven, ensure that they do not come in contact with the interior of the oven. This is especially important with accessories made of metal or metal parts.
8. If accessories containing metal comes in contact with the oven interior, while the oven is in operation, sparking can occur and the oven could be damaged.
9. Always ensure that the turntable is able to turn freely before starting the oven.
10. Use the turntable support under the Glass turntable. Never put any other utensils on the turntable support.

The list below is a general guide to help you select the correct utensils.

COOKWARE	MICROWAVE	GRILL	COMBINATION
Heat-Resistant Glass	Yes	Yes	Yes
Non Heat-Resistant Glass	No	No	No
Heat-Resistant Ceramics	Yes	Yes	Yes
Microwave-Safe Plastic Dish	Yes	No	No
Kitchen Paper	Yes	No	No
Metal Tray	No	Yes	No
Metal Rack	No	Yes	No
Aluminum Foil & Foil Containers	No	Yes	No

PART NAMES



1. Door Safety Lock System
2. Oven Window
3. Turntable Support
4. Door Release Button
5. Control Panel
6. Wave Guide
(Please do not remove the mica plate covering the wave guide)
7. Glass Turntable
8. Grill Heater
9. Metal Rack

CONTROL PANEL

DISPLAY

Cooking time, power, action indicators and clock are displayed.

POWER LEVEL

Press this button to set microwave cooking power level.
(100%->80%->60%->40%->20%->0%)

CLOCK

Press this button to set oven clock.

WEIGHT ADJUST

Press to specify food weights or number of servings.

GRILL

Press this button to set a grill-cooking program up to 95 minutes.

COMBI.

Cooking with combined microwave and grill power.

WEIGHT DEFROST

Press to set defrost program based on the weight entered.

PRESET

Press to program a cooking program which starts at an appointed time automatically.

PAUSE/CANCEL

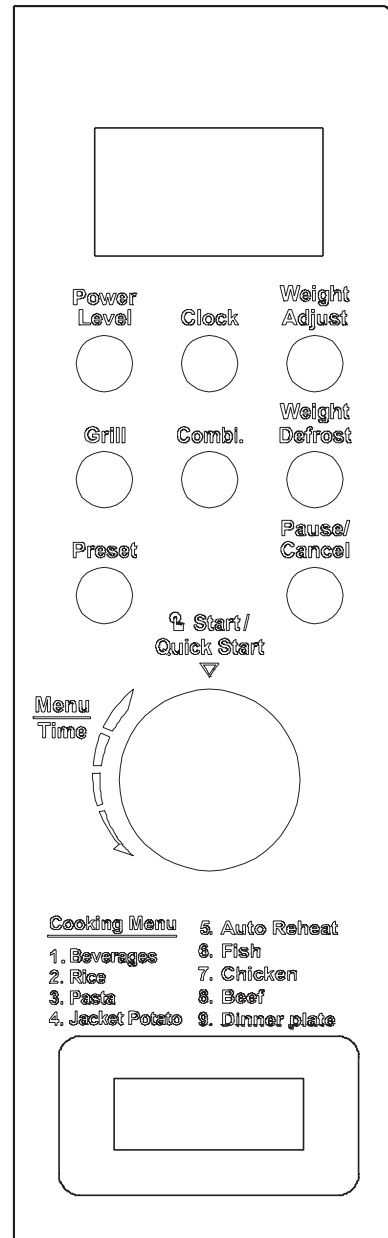
Press to cancel setting or reset the oven before setting a cooking program.
Press once to temporarily stop cooking, or twice to cancel cooking altogether. It is also used for setting child lock.

MENU/TIME(KNOB)

Turn the knob to enter time.
Turn the knob to select an auto-cooking menu.

START/QUICK START(MENU/TIME)

Press once to start a cooking program at full power level.
Each press will add 30 second and the maximum cooking time you can enter is 10 minutes.



HOW TO SET THE OVEN CONTROLS

Each time a button is pressed, a beep sound will be heard. After a cooking program has been finished, the oven will beep with "End" showing on screen to remind user. Press any button or open the door to clear it before setting another function.

SETTING CLOCK

This is 24-hour clock. To check the time while the oven is operating, press the **CLOCK** button, then the time will be displayed for a while on the display screen.
For Example: Suppose you want to set the oven clock to 8:30.

1. Press **CLOCK** button.
2. Turn **MENU/TIME** knob to set hour digit 8.
3. Press **CLOCK** button once to confirm the hour setting.
4. Turn **MENU/TIME** to set minute digit 30.
5. Press **CLOCK** button once to confirm the setting.

8

30

MICROWAVE COOKING

For microwave cooking, just press the **POWER LEVEL** button to select a cooking power level, and then use the **MENU/TIME** knob to set a desired cooking time. The longest cooking time is 95 minutes.
Select power level by pressing the **POWER LEVEL** button.

Press POWER LEVEL button	COOKING POWER
once	100%
twice	80%
3 times	60%
4 times	40%
5 times	20%
6 times	0%

For example, suppose you want to cook for 10 minutes at 60% microwave power.

1. Press **POWER LEVEL** button 3 times to set 60%.
2. Turn **MENU/TIME** knob to 10:00.
3. Press **START/QUICK START**.

10:00

GRILL COOKING

The longest cooking time is 95 minutes.
For example, suppose you want to grill for 12 minutes

1. Press **GRILL** button.
2. Turn the **MENU/TIME** knob to 12:00.
3. Press **START/QUICK START**.

12:00

COMBINATION 1

The longest cooking time is 95 minutes.
30% of selected cooking time for microwave cooking,
70% for grill cooking.

- For Example: Suppose you want to set combination 1 cooking for 25 minutes.
1. Press **COMBI.** button to show CO-1.
 2. Turn **MENU/TIME** knob to 25:00.
 3. Press **START/QUICK START**.

CO-1

25:00

PRESET FUNCTION

This function allow you to program a cooking program to start at an appointed time.

For example: It is 9:00 now, and you want the oven to start a cooking program at 11:30.

1. Enter a desired cooking program.
2. Press **PRESET** button once.
3. Turn **MENU/TIME** knob to set hour digit 11:00.
4. Press **PRESET** button once.
5. Turn **MENU/TIME** knob to set minute to show 11:30.
6. Press **START/QUICK START** once.



NOTE: After a preset function has been set, you can't operate other buttons except check the preset time by pressing **PRESET** button and cancel it by pressing **PAUSE/CANCEL** button. When it is 11:30, the desired cooking program starts automatically.

WEIGHT DEFROST

The oven allows defrosting food based on the weight entered. The defrosting time and power level are automatically set once the weight is entered. The frozen food weight ranges from 100g to 1800g.

For example: Suppose you want to defrost 600g of shrimp.

1. Press **WEIGHT DEFROST** button.
2. Press **WEIGHT ADJUST** to select weight of food to be defrosted. (100g/Press)
3. Press **START/QUICK START**.

Note: The oven will stop during defrosting to let the user to turn food over for uniform defrosting and then press **START/QUICK START** to resume defrost for the remaining time.

QUICK START

The oven will cook food quickly at **HIGH** power (100% power output) for quick start cooking program.

Just press the **START/QUICK START** to set cooking time, the oven starts working immediately at full power. Each press will add 30 second and the maximum cooking time you can enter is 10 minutes.

CHILD LOCK

This is used to prevent unsupervised operation of the oven by little children. The **CHILD LOCK** indicator will be on display screen, and the oven cannot be operated while the **CHILD LOCK** is set.

To set the **CHILD LOCK**: Press and hold the **PAUSE/CANCEL** button for 3 seconds, a beep sounds will be heard and lock indicator lights.

To cancel the **CHILD LOCK**: Press and hold the **PAUSE/CANCEL** button for 3 seconds until lock indicator on display turn off.

COOKING MENU

For the following foods or cooking operation, you do not need to input cooking power and time. Try to focus on telling the oven what you want to cook and what is the food weighs. The oven starts to work after you pressing the **START/QUICK START**.

You may need to turn food over at the middle of cooking time to obtain uniform cooking.

For example : To cook 400g of fish.

1. In waiting mode, turn **MENU/TIME** knob to fish cooking, which is the item 06 of the auto cooking menu.
2. Press **WEIGHT ADJUST** button a number of times to indicate the desired weight.
3. Press **START/QUICK START** button.

Auto cooking menu

Code	Food
01	Beverages (200ml/cup)
02	Rice
03	Pasta
04	Jacket Potato (each 230g)
05	Auto Reheat
06	Fish
07	Chicken
08	Beef
09	Dinner plate

1. For milk/coffee and potato, the screen will show the number of serving instead of food weight when pressing **WEIGHT ADJUST** button.
2. For item 07, 08, 09 in the list, the oven will stop in the middle of cooking, and there are beeps to remind you to open the door and turn the food over for uniform cooking.
3. The result of auto cooking depends on factors such as voltage fluctuation, the shape and size of food, your personal preference as to the doneness of certain foods and even how well is the food you place in the oven. If you find the result of specific setting is not satisfactory, please adjust the cooking time a little bit accordingly.
4. For Pasta, add hot water before cooking.

MAINTENANCE AND CLEANING

1. Turn off the oven and unplug the oven before cleaning.
2. Keep the inside of the oven clean. When food splatters or spilled liquids adhere to oven walls, wipe with a damp cloth. Mild detergent may be used if the oven gets very dirty. Avoid the use of spray and other abrasive cleaners as they may stain, streak or dull the door surface.
3. The outside surfaces should be cleaned with a damp cloth. To prevent damage to the operating parts inside the oven, water should not be allowed to seep into the ventilation openings.
4. Wipe the door and window on sides, the door seals and adjacent parts frequently with a damp cloth to remove any spills or spatters. Do not use abrasive cleaner. Failure to maintain the oven in a clean condition could lead to deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous situation.
5. Do not allow the control panel to become wet. Clean with a soft, damp cloth. When cleaning the control panel, leave oven door open to prevent oven be turned on accidentally
6. If steam accumulates inside or around the outside of the oven door, wipe with a soft cloth. This may occur when the microwave oven is operated under high humidity condition. And it is normal.
7. It is occasionally necessary to remove the glass turntable for cleaning. Wash the tray in warm sudsy water or in a dishwasher.
8. The turntable support and oven floor should be cleaned regularly to avoid excessive noise. Simply wipe the bottom surface of the oven with mild detergent. The turntable support may be washed in mild sudsy water or dishwasher. After removing the turntable support from cavity floor for cleaning, be sure to re-install in the correct position.
9. Remove odors from your oven by mixing a cup of water with the juice and skin of one lemon in a deep microwaveable bowl, microwave for 5 minutes. Wipe thoroughly and dry with a soft cloth.
10. If oven light is burnt, please call Whirlpool (HK) Ltd. for replacement.
11. Please do not dispose this appliance into the domestic rubbish bin; it should be disposed to the particular disposal center provided by the government.
12. When the microwave oven with grill function is first used, it may produce slight smoke and smell. This is a normal phenomenon because the oven is made of a steel plate coated with lubricating oil, and the new oven will produce fumes and odor generated by burning the lubricating oil. This phenomenon will disappear after few uses.

TROUBLE SHOOTING GUIDE

If the oven does not work, do not make a service call until you have made the following checks:

- The Turntable and turntable support is in place.
- The Plug is properly inserted in the wall socket.
- The Door is properly closed.
- Check your Fuses and ensure that there is power available.
- Check that the oven has ample ventilation.
- Wait for 10 minutes, then try to operate the oven once more.
- Open and then close the door before you try again.



星級服務 STAR SERVICE

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