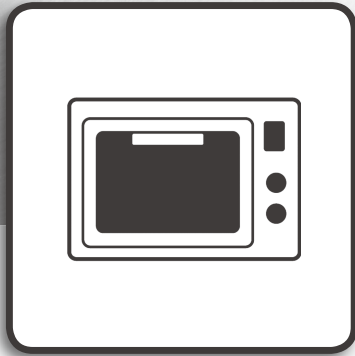


Whirlpool



## Health & Safety, Use & Care, Installation Guide and Online Warranty Registration Information

產品安全指引、使用說明、安裝指南及  
網上登記保養資料

Model 產品型號 : MWP201KBS



[www.whirlpool.com.hk](http://www.whirlpool.com.hk)

# INDEX

<b>INSTALLATION</b> .....	3
<b>SAFETY</b>	
Important safety instructions .....	4
Trouble shooting guide .....	5
Precautions .....	6
<b>ACCESSORIES AND MAINTENANCE</b>	
Accessories .....	7
Maintenance & Cleaning .....	8
<b>PRODUCT INSTRUCTION</b> .....	9
<b>CONTROL PANEL</b>	
Control Panel Description .....	10
<b>GENERAL USE</b>	
Operation .....	11
Pause Or Stop Cooking .....	11
Microwave .....	11
Defrost .....	12
Utensils Guideline .....	13
Cooking Tips .....	14
Environmental Hints .....	15
Technical Specification .....	15

# INSTALLATION

## PRIOR TO CONNECTING

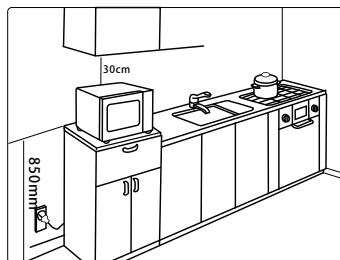
Position the microwave oven at a distance from other heating sources. For sufficient ventilation, there must be a space of at least 30 cm above the microwave oven.

The microwave oven should not be placed in a cabinet.

This microwave oven is not intended to be placed or used on a working surface lower than 850 mm above the floor.

The microwave oven shall be placed against a wall.

- \* Check that the voltage on the rating plate corresponds to the voltage in your home.
- \* Place the microwave oven on a stable and even surface that is strong enough to hold the microwave oven and the food utensils you put in it. Use carefully when handling.
- \* Ensure that the space underneath, above and around the microwave oven is empty to allow for proper airflow.
- \* Ensure that the appliance is not damaged. Check that the microwave oven door is closed firmly against the door support and the internal door seal is not damaged. Empty the microwave oven and clean the interior with a soft, damp cloth.
- \* Do not operate this appliance if it has a damaged mains cord or plug, if it is not working properly, or if it has been damaged or dropped. Do not immerse the mains cord or plug in water. Keep the cord away from hot surfaces. Electrical shock, fire or other hazards may result.
- \* Do not use an extension cord: If the power supply cord is too short, have a qualified electrician or serviceman install an outlet near the appliance.



## ! NOTE:

- \* Improper use of the grounding plug can result in a risk of electric shock.
- \* Consult a qualified electrician or serviceman if the grounding instructions are not completely understood, or if you have doubts as to whether the microwave oven is properly grounded.

## ! NOTE:

Prior to using the microwave for the first time, it is recommended to remove the protective film from the control panel and the cable tie from the power cord.

## AFTER CONNECTING

- \* The microwave oven can be operated only if the microwave oven door is firmly closed.
- \* Poor television reception and radio interference may result if the microwave oven is located close to a TV, radio or aerial.
- \* The grounding of this appliance is compulsory. The manufacturer will accept no responsibility for injury to persons, animals or damage to objects arising from the non-observance of this requirement.
- \* The manufacturers are not liable for any problems caused by the user's failure to observe these instructions.

## IMPORTANT SAFETY INSTRUCTIONS

Read Carefully And Keep For Future Reference

- \* If material inside / outside the microwave oven ignite or smoke is emitted, keep microwave oven door closed and turn the microwave oven off. Disconnect the power or shut off power at the fuse or circuit breaker panel.
- \* Do not leave the microwave oven unattended, especially when using paper, plastic or other combustible materials in the cooking process. Paper can char or burn and some plastics can melt if used when heating foods.

### ! NOTE:

- \* If the door or door seals are damaged, the oven must not be operated until it has been repaired by a competent person.

### ! NOTE:

- \* It is hazardous for anyone other than a competent person to carry out any service or repair operation that involves the removal of a cover which provides protection against exposure to microwave energy.

### ! NOTE:

- \* Liquids and other foods must not be heated in sealed containers since they are liable to explode.

### ! NOTE:

- \* The appliance and its accessible parts become hot during use. Care should be taken to avoid touching heating elements inside the microwave oven.
- \* Children less than 8 years of age shall be kept away unless continuously supervised.
- \* The microwave oven is intended for heating foods and beverages. Drying of food or clothing and heating of warming pads, slippers, sponges, damp cloth and similar may lead to risk of injury, ignition or fire.
- \* This appliance can be used by children aged from 8 years and above, and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved.
- \* Cleaning and user maintenance shall not be made by children unless they are aged from 8 years and above and supervised. Children should be supervised to ensure that they do not play with the appliance. Keep the appliance and its cord out of reach of children less than 8 years.
- \* Do not use your microwave oven for cooking or reheating whole eggs with or without shell since they may explode even after microwave heating has ended.

## NOTE:

**The appliances are not intended to be operated by means of an external timer or separate remote-control system.**

- \* Do not leave the microwave oven unattended if you are using a lot of fat or oil since they can overheat and cause a fire!
- \* Do not heat, or use flammable materials in or near the microwave oven. Fumes can create a fire hazard or explosion.
- \* Do not use your microwave oven for drying textiles, paper, spices, herbs, wood, flowers or other combustible materials. Fire could result.
- \* Do not use corrosive chemicals or vapors in this appliance. This type of microwave oven is specifically designed to heat or cook food. It is not designed for industrial or laboratory use.
- \* Do not hang or place heavy items on the door as this can damage the microwave oven opening and hinges.

## TROUBLE SHOOTING GUIDE

---

## NOTE:

**If the microwave oven does not work, do not make a service call until you have made the following checks:**

- \* The Plug is properly inserted in the wall socket.
- \* The Door is properly closed.
- \* Check your Fuses and ensure that there is power available.
- \* Check that the microwave oven has ample ventilation.
- \* Wait for 10 minutes, then try to operate the microwave oven once more.
- \* Open and then close the door before you try again.

This is to avoid unnecessary calls for which you will be charged.

When calling for Service, please give the serial number and type number of the microwave oven (see Service label).

If the mains cord needs replacing it should be replaced by the original mains cord, which is available via our service organization. The mains cord must only be replaced by a trained service technician.

## NOTE:

- \* **Service only to be carried out by a trained service technician.**
- \* **Do not remove any cover.**

# PRECAUTIONS

---

## GENERAL

**This appliance is intended to be used in household and similar applications such as:**

- \* Staff kitchen areas in shops, offices and other working environments;
- \* Farm houses;
- \* By clients in hotels, motels and other residential environments;
- \* Bed and breakfast type environments.

No other use is permitted (e.g. heating rooms).

## **!** NOTE:

- \* The appliance should not be operated without food inside of it. Operation in this manner is likely to damage the appliance.
- \* The ventilation openings on the microwave oven must not be covered. Blocking the air intake or exhaust vents may cause damage to the microwave oven and poor cooking results.
- \* Whenever you are operating the microwave oven, always put a glass of water inside. The water will absorb the microwave energy and the microwave oven will not be damaged. Never operate with the empty unit.
- \* Do not store or use this appliance outdoors.
- \* Do not use this product near a kitchen sink, in a wet basement, or near a swimming pool, or similar area.
- \* Do not use the cavity for any storage purposes.
- \* Remove wire twist-ties from paper or plastic bags before placing bag in the microwave oven.
- \* Do not use your microwave oven for deep-frying, because the oil temperature cannot be controlled.
- \* Use hot pads or microwave oven mitts to prevent burns, when touching containers, microwave oven parts, and pans after cooking.

## LIQUIDS

**E.g. beverages or water. Overheating the liquid beyond boiling point can occur without evidence of bubbling. This could result in a sudden boil over of the hot liquid.**

To prevent this possibility the following steps should be taken:

- \* Avoid using straight-sided containers with narrow necks.
- \* Stir the liquid before placing the container in the microwave oven.
- \* After heating, allow standing for a short time, stirring again before carefully removing the container from the microwave oven.

## CAREFUL

**After heating baby food or liquids in a baby bottle or in a baby food jar, always stir and check the temperature before serving. This will ensure that the heat is evenly distributed and the risk of scalding or burns can be avoided.**

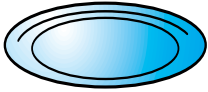
# ACCESSORIES AND MAINTENANCE

## ACCESSORIES

---

- \* There are a number of accessories available on the market. Before you buy, ensure they are suitable for microwave use.
- \* Ensure that the utensils you use are microwave oven proof and allow microwaves to pass through them before cooking.
- \* When you put food and accessories in the microwave oven, ensure that they do not come in contact with the interior of the microwave oven.
- \* This is especially important with accessories made of metal or metal parts.
- \* If accessories containing metal come into contact with the microwave oven interior, while the microwave oven is in operation, sparking can occur and the microwave oven could be damaged.
- \* Metallic containers for food and beverage are not allowed during microwave cooking.
- \* For better cooking performance, it is suggested that you need to put the accessories in the middle of the inner full flat cavity.

### GLASS TURNTABLE



Use the Glass Turntable with all cooking methods. It collects the dripping juices and food particles that otherwise would stain and soil the interior of the oven.

- Place the Glass Turntable on the Turntable Support.
- 



### TURNTABLE SUPPORT

Use the Turntable Support under the Glass Turntable. Never put any other utensils on the Turntable Support.

- Fit the Turntable Support in the oven.

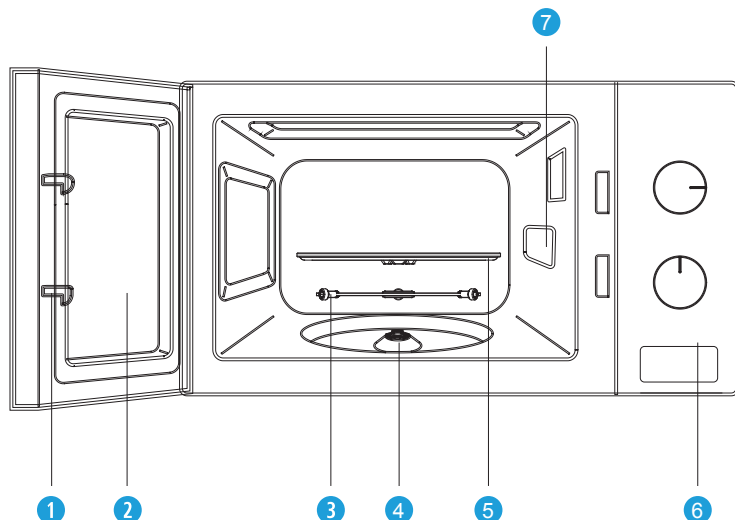
## MAINTENANCE & CLEANING

---

- \* Failure to maintain the microwave oven in a clean condition could lead to deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous situation.
- \* Do not use metal scouring pads, abrasive cleansers, steel-wool pads, gritty washcloths, etc. which can damage the control panel, and the interior and exterior microwave oven surfaces. Use a cloth with a mild detergent or a paper towel with spray glass cleaner. Apply spray glass cleaner to a paper towel.
- \* Use a soft and damp cloth with mild detergent to clean the interior surfaces, front and rear of the door and the door opening.
- \* Do not use steam cleaning appliances when cleaning your microwave oven.
- \* The microwave oven should be cleaned regularly and any food deposits should be removed.
- \* At regular intervals, especially if spill overs have occurred, remove the turntable, the turntable support and wipe the base of the oven clean.
- \* Cleaning is the only maintenance normally required. It must be carried out after the microwave oven being disconnected.
- \* This microwave oven is designed to operate cooking cycles with a proper container in a fully flat cavity directly.
- \* Do not allow grease or food particles to build up around the door.



# PRODUCT INSTRUCTION



- 1 Door lock  
Microwave oven door must be properly closed in order for it to operate
- 2 Viewing window  
Allow user to see the cooking status
- 3 Turntable support  
The glass turntable sits on its wheels; it supports the turntable and helps it to balance when rotating
- 4 Rotating axis  
The glass turntable sits on the axis; the motor underneath it drives the turntable to rotate
- 5 Glass turntable  
The food sits on the turntable, its rotation during operation helps to cook food evenly

## **!** NOTE

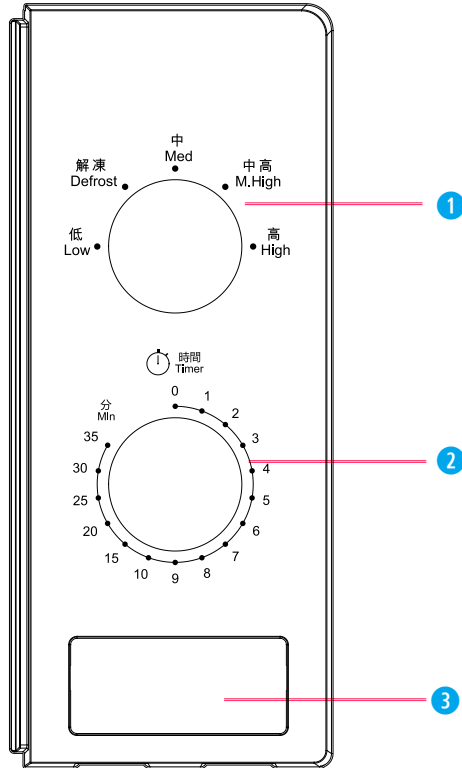
- Place the turntable support first
- Fit the turntable onto the rotating axis and make sure that it is geared in properly

- 6 Control Panel  
See below in details (the control panel is subject to change without prior notice)
- 7 Waveguide cover  
It is inside the microwave oven, next to the wall of control panel.

## **!** NOTE

Never remove the waveguide cover

# CONTROL PANEL DESCRIPTION



- 1** Power knob  
To select different microwave power.
- 2** Timer knob  
To set the cooking time.
- 3** Door open push button  
To open the door by pushing this button.

# OPERATION

---

- 1 Connect the cord
  - Before connecting the cord, make sure the timer is set to “0” position.
  - Do not block the ventilation.
- 2 Place the food on the glass turntable and close the door
  - Food must be contained in a utensil.
  - Do not operate the microwave oven without load, otherwise it will cause damage to the microwave oven.
- 3 Select the desired microwave power level.
- 4 Set the timer.
  - If the desired time is less than 2 minutes, turn the microwave power knob to over 3 minutes position and then turn back to the desired time setting.
- 5 Once the desired time is set, the cooking begins. If pausing in midway is needed, just open the door at any time, and close it to resume operation.
- 6 When it times out and cooking ends, the microwave oven produces a bell ring, the inside lamp will also be automatically turned off.
  - If food is removed before time out, make sure to set back the timer to “0” position, this avoids the microwave oven from operating in empty load.
- 7 It is recommended to wear gloves when removing the cooked food from oven and be careful do not touch the wall of cavity.

## NOTE

Heating food fast, generally only 2 to 3 minutes, please control in 5 minutes. Please pay attention to the cooking condition of the food at any time and adjust it according to your taste preference. Avoid overheating. When heating porridge, congee, should first stir evenly, and then covered with plastic film (leave corners for ventilation) or with a perforated lid heating.  
At mid-point to defrosting time, please open the door to turn the food, so that the defrosting effect is more uniform.

## PAUSE OR STOP COOKING

---

To pause cooking:

The cooking can be paused to check, add or turn or stir the food by opening the door.

To continue cooking:

Close the door, the cooking is resumed from where it was paused.

If you don't want to continue cooking, or food is removed from oven before the set cooking time is completed, you can: Remove the food, close the door and turn the timer knob to zero position.

Please note that reducing or stopping this programmed cooling cycle will not have a negative impact on the function of the product.

## MICROWAVE

---

To cook with microwave power individually, turn the power knob to select a cooking power level. The longest cooking time is 35 minutes.

- 1 Turn the power knob to set the microwave power.(see table below)
- 2 Turn the timer knob to set the cooking time.
- 3 After setting the power and time, the microwave oven will start the cooking.





POWER	SUGGESTED USE:
Low	Simmering stews, melting butter.
Defrost	Defrosting, soften butter, ice cream, and cheeses. Keep warm.
Mid.	Cooking dishes, not possible to stir.
M.High	Cooking of fish,meat, vegetables,etc.
High	Reheating of beverages, water, clear soups, coffee, tea or other food with a high water content. If the food contains egg or cream choose a lower power.



## DEFROST

Use this function for defrosting Meat, Poultry, Fish, and Vegetables.

- 1 Turn the power knob on Defrost mode.
- 2 Turn the timer knob to set the cooking time.
- 3 After setting for the power and time, the microwave oven will start defrost cycle.

FOOD TYPE	WEIGHT	SUGGESTED USE
 Meat	100g - 2000g	Minced meat, cutlets, steaks or roasts. After cooking, allow food to rest for at least 5 minutes for better results.
 Vegetables	100g - 1000g	Larger, medium and small cut vegetables. Before serving, allow food to rest for 3-5 minutes for better results.
 Fish	100g - 2000g	Whole steaks or fish fillet. Allow food to rest for 5-10 minutes for better results.
 Poultry	100g - 2000g	Whole chicken, pieces or fillets. After cooking, allow food to rest for 5-10 minutes for better results.

### Tips and suggestions:

- For better result we recommend to defrost directly on the cavity bottom.
- If the food is warmer than deep-freeze temperature (-18°C), choose a lower weight than the food.
- If the food is colder than deep-freeze temperature (-18°C), choose a higher weight than the food.
- Separate pieces as they begin to defrost. Individual slices defrost more easily.
- Standing time after defrosting always improves the result since the temperature will then be evenly distributed throughout the food.

## UTENSILS GUIDELINE

Depending on the cooking method, it is necessary to choose a safe and suitable vessel. If it is not properly selected, it will not only affect the cooking effect, but also cause damage to the vessel or microwave oven. Please refer to the table below for use:

Material of container	Microwave	Notes
Heat-resistant ceramic	Yes	Never use the ceramics which are decorated with metal rim or glazed
Heat-resistant plastic	Yes	Cannot be used for long time microwave cooking
Heat-resistant glass	Yes	
Microwave safe plastic wrap	Yes	It should not be used when cooking meat or chops as the over-temperature may do damage to the wrap

## COOKING TIPS

---

The following factors may affect the cooking result:

\* Food arrangement

Place thicker areas towards outside of dish, the thinner part towards the centre and spread it evenly. Do not overlap if possible.

\* Cooking time length

Start cooking with a short time setting, evaluate it after it times out and extend it according to the actual need. Over cooking may result in smoke and burns.

\* Cooking food evenly

Food such as chicken, hamburger or steak should be turned once during cooking.

Depending on the type of food, if applicable, stir it from outside to centre of dish once or twice during cooking

\* Whether the food is done

Color and hardness of food help to determine if it is done, these include:

- Steam coming out from all parts of food, not just the edge
- Joints of poultry can be moved easily
- Pork or poultry shows no signs of blood
- Fish is opaque and can be sliced easily with a fork

\* Microwave safe plastic wrap

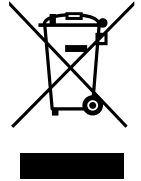
When cooking food with high fat content, do not allow the plastic wrap come into contact with food as it may melt

\* Microwave safe plastic cookware

Some microwave safe plastic cookware might not be suitable for cooking foods with high fat and sugar content.

# ENVIRONMENTAL HINTS

- \* The packing box may be fully recycled as confirmed by the recycling symbol.  
Follow local disposal regulations. Keep potentially hazardous packaging(plastic bags, polystyrene, etc.) out of the reach of children.
- \* This appliance is marked according to the European directive 2012/19/EU on Waste Electrical and Electronic Equipment (WEEE).  
By ensuring this product is disposed of correctly, you will help prevent potential negative consequences for the environment and human health, which could otherwise be caused by inappropriate waste handling of this product.
- \* The symbol on the product, or on the documents accompanying the product, indicates that this appliance may not be treated as household waste. Instead it shall be handed over to the applicable collection point for the recycling of electrical and electronic equipment.
- \* Disposal must be carried out in accordance with local environmental regulations for waste disposal.
- \* For more detailed information about treatment, recovery and recycling of this product, please contact your local city office, your household waste disposal service or the shop where you purchased the product.
- \* Before scrapping, cut off the mains cord so that the appliance cannot be connected to the mains.



## Technical Specification

Data Description	MWP201KBS
Supply Voltage	230-240V~ 50Hz
Rated Input Power	1100 W
Outer dimensions (HxWxD)	264x456x326mm
Inner dimensions (HxWxD)	219x311x302mm
Net weight	11.3Kg

# 目錄

安裝指引-----	17
<b>安全</b>	
重要安全注意事項-----	18
問題解決指南-----	19
注意事項-----	19
<b>配件及維護</b>	
配件-----	20
維護保養及清潔-----	21
<b>產品說明</b> -----	22
<b>控制面板</b>	
控制面板說明-----	23
<b>一般使用</b>	
操作-----	24
暫停或停止烹飪-----	24
微波-----	24
解凍-----	25
<b>餐具指南</b> -----	26
<b>烹飪提示</b> -----	26
<b>環保建議</b> -----	27
<b>技術規格</b> -----	27

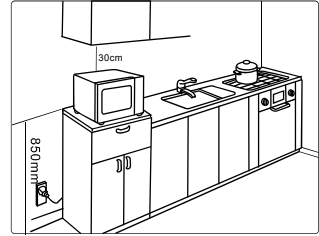


# 安裝指引

## 接駁電線之前

請將微波爐放置在遠離熱源的地方。為了確保通風良好，微波爐頂部必須留有30厘米的空間。此爐必須背靠牆放置，確保微波爐底部，頂部及兩邊空氣流通。本爐具不應放置櫥櫃內使用。

本爐具不用於或放置在離地板少於850毫米以上的工作面上。



- \* 檢查銘牌上的電壓是否與您家中的電壓相符。
- \* 請將微波爐放置在平坦及穩固的地方，該處必須足以承托爐具與食物器皿的重量。放置時請務必小心。
- \* 確保微波爐底部，頂部及兩邊空氣流通。
- \* 確保微波爐沒有損壞。可檢查爐門關上時是否緊貼門框，以及內門的封邊是否完整無缺。將爐具內配件取出，然後用柔軟的濕布清潔爐具內部。
- \* 電線、插頭如有損壞，或爐具不能正常操作，或受到損壞或翻倒，則切勿使用微波爐。切勿將電線或插頭浸入水中，並避免接觸灼熱的表面，否則會引致觸電、火災或其他意外。
- \* 請勿使用延長線：如果電源線太短，請合格的電工或維修人員在設備附近安裝插座。
- \* 請不要移除爐腔內壁上的微波出口防護擋板，它們可以防止油脂或食物微粒進入微波孔中。

## ⚠ 警告：

- \* 接地插頭使用不當可能會導致觸電危險。
- \* 如果沒有完全了解接地指示，或者懷疑微波爐是否接地，請諮詢合格的電工或維修人員。

## ⚠ 注意：

首次使用微波爐之前，建議撕下控制面板上的保護膜，並把電源線上的紮帶移除。

## 連接之後

- \* 微波爐只能在爐門緊閉之後才能操作。
- \* 如將微波爐放置在電視機、收音機或天線附近，可能會影響接收或引起干擾。
- \* 此設備的接地是強制性的。製造商將不承擔由於不遵守這一要求而導致的人身、動物傷亡或財物損失的責任。
- \* 製造商不對由於用戶不遵守這些說明而導致的任何問題承擔責任。

# 安全

## 重要安全注意事項

仔細閱讀並保存以備將來參考

- \* 如果微波爐內部/外部的材料點燃或發出煙霧，請務必保持爐門關閉並關閉微波爐。斷開電源或切斷保險絲或斷路器面板上的電源。
- \* 不要讓微波爐無人看管，特別是在烹飪過程中使用紙張，塑料或其他易燃物品時。如果加熱食物，紙張會燒焦或燃燒，一些塑料會熔化。

### 警告：

- \* 如果門或閘的密封件損壞，不得操作此爐具，直到它由經過培訓的維修技術人員維修後。

### 警告：

- \* 除經過培訓的維修技術人員外，任何人對本產品的修復操作（如打開提供保護的外殼）都是危險的。

### 警告：

- \* 液體和其他食物不得在密封的容器中加熱。

### 警告：

- \* 當微波爐在組合模式下工作時會產生比較高的溫度，兒童只有在成人的監督下才能使用微波爐。

### 警告：

- \* 本產品及其可觸及部件在使用過程中會變熱。應注意避免接觸微波爐內的加熱元件。
- \* 兒童應遠離本產品，除非在成人監督下使用。
- \* 微波爐主要用於加熱食品和飲料。食物或衣服的干燥以及變暖墊，拖鞋，海綿，濕布等的加熱可能導致受傷，著火或著火的危險。
- \* 該器具不可由兒童、身體感官或精神上能力不足，或經驗及知識不足的人士使用（包括兒童），除非監護其安全的負責人監督或指引其使用。
- \* 不應由兒童來清潔和進行日常的維護，除非他們被監督。兒童應受到監督，務必確保兒童不會把微波爐當作玩具。本品應盡量遠離兒童。
- \* 不要使用微波爐烹飪或加熱整個雞蛋，即使微波加熱結束它們也可能會爆炸。

## ! 注意:

- \* 本設備不用於外用的計時器或單獨遙控系統。
- \* 如果你使用大量的脂肪或油, 不要讓微波爐無人看管, 因為它們會過熱, 導致火災!
- \* 請勿加熱或使用微波爐內或附近的易燃材料。煙霧會造成火災或爆炸。
- \* 請勿使用微波爐烘乾紡織品、紙張、香料、草藥、木材、花卉或其他易燃材料。否則可能會導致火災。
- \* 請勿在本裝置中使用腐蝕性化學品或蒸氣。此微波爐是專門設計用來加熱或烹調食物的。它不是為工業或實驗室用途設計的。
- \* 請勿在門上懸掛或放置重物, 因為這會損壞微波爐的開啟和鉸鏈連接功能。

## 問題解決指南

---

## ! 注意:

若微波爐不能操作, 請檢查下列各項後才致電維修中心:

- \* 插頭是否完全插入插座。
- \* 爐門是否完全關閉。
- \* 檢查保險絲, 並確定已接上電源。
- \* 檢查微波爐是否有良好的通風環境。
- \* 等待十分鐘後再嘗試操作。
- \* 再作嘗試前, 請開啟爐門, 然後將其關上。
- \* 轉盤和轉盤托架是否就位。

以上檢查, 可避免不必要的檢查維修, 維修服務可能會收費。

致電維修服務中心時, 請提供機身編號及微波爐型號(請參閱維修服務標籤)。

請參考您的保修手冊以得到進一步的建議。

若需更換電源線, 必須使用原廠產品, 並由接受過專業培訓的維修技師負責更換。

有關的電源線可聯絡維修中心。

## ! 警告:

- \* 服務僅由訓練有素的服務技術人員執行。
- \* 不要移除任何防護蓋子。

## 注意事項

---

### 一般注意事項

本產品只用於家庭和類似的場合, 如:

- \* 在商店、辦公室和其他工作環境中的工作人員廚房區域;
- \* 農莊;
- \* 客戶在酒店、汽車旅館等居住環境;
- \* 床和早餐類型的環境。

不允許其他用途(如暖氣室)。

## ！ 注意：

- \* 本產品不應該在沒有食物的情況下進行操作。以這種方式操作可能會損壞設備。
- \* 微波爐的通風口不能被遮蓋。堵塞進氣口或排氣孔可能會造成微波爐損壞和烹調效果不佳。
- \* 如果你需要練習操作微波爐，可在裡面放一杯水。水會吸收微波能量，使微波爐不被損壞。注意參考下面“流質食物”內容。
- \* 請勿在戶外儲存或使用本產品。
- \* 請勿在廚房水槽附近、潮濕的地下室、游泳池附近或類似區域使用本產品。
- \* 請勿將空腔用於任何存儲目的。
- \* 在將紙袋或塑料袋子放進微波爐前，需取下包裝的線扎。
- \* 不要用微波爐煎炸食物，因為難以控制油溫。
- \* 烹調後需使用熱墊或微波爐手套取出盛裝食物的盤子或容器，以防止接觸微波爐內側高溫物件導致燒傷。

### 流質食物

用微波爐加熱的飲品或清水，即使煮得過熱，甚至超過沸點，也未必會出現沸騰的氣泡，但是液體卻可能會突然溢出造成燙傷。

為了避免發生上述情況，請遵守下列幾點：

- \* 請避免使用窄頸的直身容器。
- \* 將流質食物放入爐內之前，請先加以攪拌，並將湯勺留在容器內。
- \* 流質食物加熱之後，請讓它留在爐內一會兒，再加以攪拌，才將容器小心拿出。

### 注意

奶樽或嬰兒食物器皿中的食品或飲料加熱之後，在餵食之前，先將食物加以攪拌及測試食物的溫度，確保熱力分佈均勻，以避免燙傷或灼傷嬰兒。

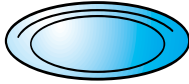
請確保加熱前已將樽蓋與奶嘴取出！

有關詳細信息，請參閱微波烹飪書。特別是，如果烹飪或重新加熱含酒精的食物。

## 配件及維護

### 配件

- \* 市面上有很多配件可供選擇。在購買之前，需確保它們適合微波使用。
- \* 確保您使用的餐具是可用於微波爐的，並可使微波穿透它們。
- \* 當你將食物和配件放進微波爐時，確保它們不會接觸微波爐內部。
- \* 使用金屬配件或金屬零件需特別注意。如果含有金屬的附件與微波爐內部接觸，而微波爐在運行時，會發生火花，微波爐可能會損壞。
- \* 微波爐烹調時不允許使用金屬容器盛裝食品和飲料。
- \* 為了得到更好的烹調效果，建議您把配件放在爐腔中間。



#### 玻璃轉盤

所有烹飪方式都需要使用玻璃轉盤。它可以避免食物碎屑及肉汁沾污微波爐內腔。

- 將玻璃轉盤放在轉盤支架上。



#### 玻璃轉盤支架

將轉盤支架放置在玻璃轉盤之下。不要把其他器具放在轉盤支架上。

- 在微波爐中安裝轉盤支架

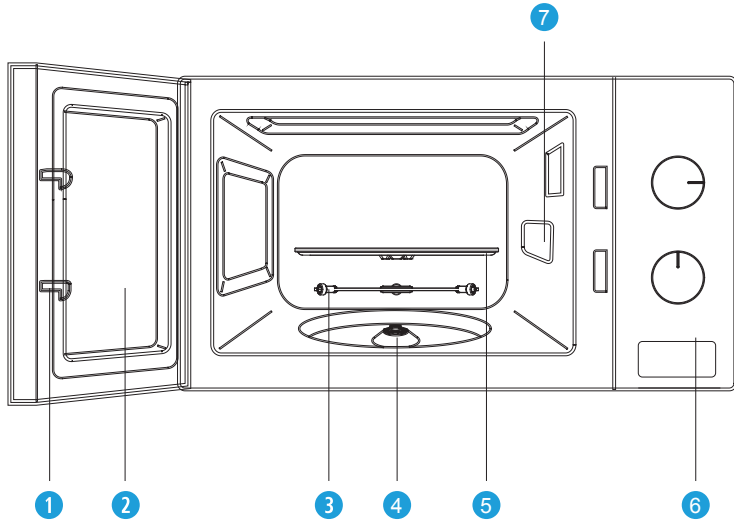
---

### 維護保養及清潔

---

- \* 未能將微波爐保持在乾淨的狀態可能會導致表面變質，從而對微波爐的壽命產生不利影響，並可能導致危險情況發生。
- \* 不要使用可能損壞控制面板，內部和外部表面的金屬擦洗墊，研磨性清潔劑，鋼絲刷，粗糙的抹布等。使用混合溫和洗滌劑的布或用噴霧玻璃清潔劑的紙巾。將噴霧玻璃清潔劑塗抹在紙巾上再進行清潔。
- \* 使用柔軟的濕布和溫和的清潔劑清潔爐腔內壁、爐門前後、門封以及開門位置。
- \* 清洗微波爐時不要使用蒸汽清潔設備。
- \* 微波爐應定期清洗，並去除任何食物沉積物。
- \* 建議定期清潔，尤其是當加熱食物溢出殘留在內腔時，移除玻璃轉盤以及轉盤支撐，並清潔乾淨爐腔內底面。
- \* 微波爐只要勤加清潔，便是最佳的維護方法。但在清潔前，必須關掉電源。
- \* 該微波爐設計用於使用適當的容器在平坦的腔體進行烹飪操作。
- \* 不要讓油脂或食物微粒在門附近及爐腔內壁上的微波出口防護擋板上殘留。

## 產品說明



- 1 門鎖  
微波爐門必須正確關閉才能運行
- 2 觀察窗  
允許使用者查看烹飪狀態
- 3 轉盤支撐  
玻璃盤放置在它的輪子上； 它支撐轉盤並幫助它旋轉時平衡
- 4 旋轉軸  
玻璃轉盤位於旋轉軸上； 它下面的馬達驅動轉盤旋轉
- 5 玻璃轉盤  
食物放在轉盤上，運行過程中旋轉有助於均勻地烹飪食物

### ! 注意:

- 首先放置轉盤支架
- 再將轉盤放置在旋轉軸上並確保其正確嚙合

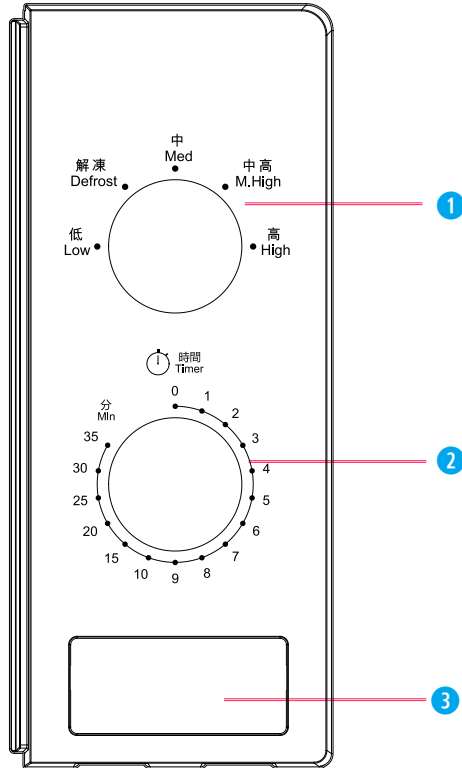
- 6 控制面板  
詳情請見下文（控制面板如有更改，恕不另行通知）

- 7 波導蓋  
它位於微波爐內，靠近控制面板的牆壁

### ! 注意:

- 切勿取下波導蓋

## 控制面板說明



- 1** 火力控制旋鈕  
用於選擇烹調火力，這是啟動烹調程式的第一步。
- 2** 烹調時間旋鈕  
用於選擇烹調時間，最長可選擇到30分鐘。
- 3** 爐門開關  
用於打開爐門。

## 操作

- 1 連接電源線
  - 連接電源線之前，請確保計時器設定為「0」位置。
  - 請勿阻塞通風。
- 2 將食物放在玻璃轉盤上並關上門
  - 食物必須盛裝在器具中。
  - 請勿空載在沒有放置食物的情況下操作微波爐，否則會導致微波爐損壞。
- 3 選擇所需的微波功率等級。
- 4 設定定時器。
  - 如果所需時間少於 2 分鐘，請將微波功率旋鈕轉到 3 分鐘以上位置，然後再轉回所需時間設定。
- 5 設定所需時間後，烹飪開始。如需中途暫停，可隨時開門，關門即可恢復運作。
- 6 當時間到，烹調結束時，微波爐會發出鈴聲，內部的燈號也會自動關閉。
  - 如果在超時之前取出食物，請務必將定時器設定回「0」位置，這可以避免微波爐空載運作。
- 7 建議從烤箱取出煮熟的食物時請戴上手套，小心不要接觸腔壁。

### ! 注意

加熱食物速度快，一般只需2至3分鐘，請控制在5分鐘內。  
請隨時注意食物的烹調狀況，並依照自己的口味喜好進行調整。避免過熱。加熱粥、粥時，應先攪拌均勻，然後蓋上塑膠薄膜（留四角以便通風）或用有孔蓋加熱。  
解凍時間到一半時，請開門翻動食物，這樣解凍效果更均勻。

### □ 暫停或停止烹飪

要暫停烹飪：  
可以暫停烹飪以檢查烹調情況，通過打開爐門來轉動或攪拌食物。

繼續烹飪：  
關閉爐門，烹飪從暫停的地方恢復。

如果你不想繼續烹飪或食物在烹調程式未完成前取出，你可以取出食物，關上爐門，將【烹調時間旋鈕】旋轉到“0”位置。

請注意，減少或停止此編程冷卻循環不會對產品的功能產生負面影響。

### 微波

使用不同的微波火力進行烹調，可通過旋轉【火力控制旋鈕】選擇一個烹飪火力。烹調時間最長為35分鐘。



- 1 旋轉【火力控制旋鈕】選擇合適的煮食功率（如下表所示）。
- 2 旋轉【烹調時間旋鈕】選擇合適的煮食時間。
- 3 烹調在煮食功率和時間選定後，微波爐會啟動開始烹調。

火力	建議用於
低火力	蒸燉食物,融化牛油
解凍	解凍, 軟化雪糕、牛油及芝士、保持溫暖
中火力	烹飪無需翻轉的菜餚
中高火力	烹飪魚類, 肉類, 蔬菜等
高火力	重新加熱飲料, 水, 清湯, 咖啡, 茶或其他高含水量食物。如果食物含有雞蛋或忌廉, 選擇較低的功率

## 解凍

這個功能可以讓你解凍肉類/家禽/魚類和蔬菜。

- 1 旋轉【火力控制旋鈕】至解凍模式。
- 2 旋轉【烹調時間旋鈕】選擇解凍時間。
- 3 在煮食功率和時間選定後，微波爐會啟動開始烹調。

食物類別	份量	建議
 肉類	100g - 2000g	肉碎, 肉餅, 牛排或烤肉 解凍後放置5分鐘才開始煮食, 效果最佳。
 蔬菜	100g - 1000g	大, 中, 小件蔬菜 解凍後放置3-5分鐘才開始煮食, 效果最佳。
 魚類	100g - 2000g	一整塊魚排或魚柳 解凍後放置5-10分鐘才開始煮食, 效果最佳。
 家禽	100g - 2000g	整隻雞, 雞塊或雞片 解凍後放置5-10分鐘才開始煮食, 效果最佳。

### 提示和建議:

- 為了得到最好的效果, 我們建議直接在爐腔底部上解凍。
- 如果食物比冷凍溫度(-18°C)更高, 選擇比食物更低的重量。
- 如果食物比冷凍溫度(-18°C)更低, 選擇比食物更高的重量。
- 切塊解凍效果更好。
- 解凍後的工作時間可改善煮食效果, 因為溫度將均勻分佈在整個食品。

## 餐具指南

根據烹調方法，需要選擇安全合適的容器。如果選擇不當，不僅會影響烹飪效果，還會對器皿或微波爐造成損壞。使用方法請參考下表：

容器材質	微波爐	注意事項
耐熱陶瓷	可用	切勿使用裝飾有金屬邊緣或釉面的陶瓷
耐熱塑膠	可用	不能長期使用微波爐烹飪
耐熱玻璃	可用	
保鮮膜	可用	烹飪肉類或排骨時不應使用它，因為溫度過高可能會損壞包裝紙

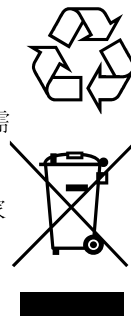
## 烹飪提示

以下因素可能會影響烹飪效果：

- \* 食物安排  
將較厚的部分放在盤子的外側，將較薄的部分放在盤子的中心，並均勻地鋪開。盡可能不要重疊。
- \* 烹飪時間長度  
開始烹飪時設定較短的時間，超時後評估並根據實際需要延長時間。過度烹飪可能會導致煙霧和燒傷。
- \* 食物受熱均勻  
雞肉、漢堡或牛排等食物在烹調過程中應翻轉一次。  
根據食物的類型（如果適用），在烹飪過程中從外部到菜餚中心攪拌一到兩次
- \* 食物是否煮熟  
食物的顏色和硬度有助於確定是否煮熟，包括：
  - 蒸氣從食物的不同位置散發出來，而不僅僅是邊緣
  - 家禽的關節可以輕鬆移動
  - 豬肉或家禽沒有血跡
  - 魚是不透明的，可以用叉子輕鬆切片
- \* 微波爐安全保鮮膜  
烹調高脂肪食物時，請勿讓保鮮膜接觸食物，否則可能會融化
- \* 微波爐安全塑膠器具  
一些微波爐安全的塑膠器具可能不適合烹調高脂肪和高糖含量的食物。

## 環保建議

- 用來盛載本爐具的紙盒印有環保標誌，可以完全循環再造。棄置有關包裝材料時，請遵循本地的廢物棄置條例。請把可能引致危險的包裝材料（如膠袋、發泡膠等）放置在小孩接觸不到的地方。
  - 本產品依照歐洲關於廢棄電子電氣產品條例2002/96/EC 進行標識 (WEEE)。
- 用戶正確棄置能夠幫助預防對環境及人類健康潛在的負面影響。
- 產品上或產品檔上的此標誌表示本產品有可能不屬於家庭棄置廢物。需要將其交至指定的電子電氣產品廢置站。
  - 本產品如日後需要棄置，請遵循本地的廢物棄置條例。
  - 有關產品處理，恢復及循環使用的詳細資料，請諮詢本地政府機構，家庭棄置廢物機構或購買產品的商鋪。
  - 棄置前請切斷電源線，使本產品不能連接電源。



## 技術規格

數據描述	MWP201KBS
電源電壓	230-240V~ 50Hz
額定輸入功率	1100 W
機身尺寸 (高x寬x深)	264x456x326mm
爐腔尺寸 (高x寬x深)	219x311x302mm
淨重	11.3kg

## Register your product online

### 網上登記新產品保養

Save the planet and register your product warranty online!

Enjoy extra 1-month free warranty upon online registration.

「惠」環保出力，減少用紙！於網上登記產品更可獲額外多一個月保養。



<https://qrco.de/WHKwarranty>

Whirlpool® Registered trademark/TM Trademark of Whirlpool group of companies

All rights reserved - <http://www.whirlpool.com.hk>

註冊商標/惠而浦集團的TM商標

版權所有 翻印必究 - <http://www.whirlpool.com.hk>



---

**Whirlpool**